

WILDWOOD

PIZZA PASTA GRILL

Allergen information

Breakfast 22 v1.0

20.10.2022

At Wildwood we take the safety of our customers very seriously. The information provided on these pages refers to the allergens contained in the ingredients which make up the new dishes found on the Breakfast menu 22.

In most cases we will be able to modify dishes by removing ingredients or by replacing them with others. Please ask a member of our team who will be happy to help mix and match ingredients to suit your dietary requirements. Please be aware that whilst every care is taken to ensure that food prepared in our kitchens remain free of allergens the chefs and manufactures of products handle other items. As a result, there is a chance that items may contain a trace of other ingredients not noted on the information sheet.

Note that whilst peanuts are not present as an ingredient in any dishes, they are used for special menu items and are handled in our kitchen with the greatest care.

Items marked **(F)** – These items are fried as part of the preparation or cooking process. Due to offering a such wide selection of menu items the oil in our fryers will contain traces of allergens including gluten, dairy, soya, sesame, fish, mollusc, crustacean, egg, mustard, sulphates and celery.

For dishes served with fries and chips we offer an alternative which are oven baked, please ensure your sever is notified if you have a food allergy, intolerance or preference.

Eggs

	Celery	Cereals With Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
BREAKFAST EGGS BENEDICT 2022		Wheat		Y			Y							
BREAKFAST EGGS ROYAL 2022		Rye, Wheat		Y	Y		Y							Y
EGGS FLORENTINE BENEDICT 2022		Wheat		Y			Y							Y
SCRAMBLED EGG ON TOAST BREAKFAST 2022		Rye, Wheat		Y			Y							

Pancakes and Waffles

	Celery	Cereals With Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
BANANA TOFFEE WAFFLE		Wheat		Y			Y						Y	
LARGE - BACON SAVOURY PANCAKES BREAKFAST 2022		Wheat		Y			Y							
LARGE - RASPBERRIES SWEET PANCAKES BREAKFAST		Wheat		Y			Y							
SMALL - BACON SAVOURY PANCAKES BREAKFAST 2022		Wheat		Y			Y							
SMALL - RASPBERRIES SWEET PANCAKES BREAKFAST		Wheat		Y			Y							
WAFFLE & MIXED BERRIES		Wheat		Y			Y						Y	

Breakfast

Porridge Breakfast 2022

Ingredient	Allergens
Banana	
Ground Cinnamon	
Honey	
Milk	Milk
Mix Berry Compote (C)	
Oats Flakes	Cereals With Gluten - Oats

Granola Breakfast 2022

Ingredient	Allergens
Frozen Berries	
Honey	
Luxury Granola	Cereals With Gluten - Oats, Nuts - Almond, Nuts - Hazel
Strawberries	
Yoghurt Natural	Milk

Full English Breakfast Poached Eggs

Ingredient	Allergens
Bacon Streaky Cooked	
Baked Beans	
Black Pudding	Cereals With Gluten - Wheat
Cumberland Sausage	Cereals With Gluten - Wheat, Sulphur Dioxide
Eggs	Egg
Marinated Mushrooms 2021	
Salt & Pepper Cooking	
Sourdough Bread	Cereals With Gluten - Rye, Cereals With Gluten - Wheat
Tomatoes Beef	
Vinegar White	Sulphur Dioxide

Vegeterian Breakfast 2022 (F)

Ingredient	Allergens
Avocado	
Baked Beans	
Butter	Milk
Cherry Tomatoes Vine	
Eggs	Egg
Halloumi Cheese	Milk
Hash Browns (F)	
Marinated Mushrooms 2021	
Rapeseed Oil	
Sourdough Bread	Cereals With Gluten - Rye, Cereals With Gluten - Wheat
Vinegar White	Sulphur Dioxide

Avocado On Toast 2022

Ingredient	Allergens
Avocado	
Cherry Tomatoes Vine	
Garlic Spread	
Oregano	
Sourdough Bread	Cereals With Gluten - Rye, Cereals With Gluten - Wheat

Eggs

Breakfast Eggs Benedict 2022

Ingredient	Allergens
Chives	
Eggs	Egg
Hollandaise Sauce	Egg, Milk
Muffins	Cereals With Gluten - Wheat
Paprika	
Wiltshire Ham Sliced	

Breakfast Eggs Royal 2022

Ingredient	Allergens
Avocado	
Chives	
Eggs	Egg
Halloumi Fries	Milk
Hollandaise Sauce	Egg, Milk
Paprika	
Smoked Salmon Sliced	Fish
Sourdough Bread	Cereals With Gluten - Rye, Cereals With Gluten - Wheat
Vinegar White	Sulphur Dioxide

Scrambled Egg On Toat Breakfast 2022

Ingredient	Allergens
(uht Single Cream)	Milk
Butter	Milk
Chives	
Eggs	Egg
Salt & Pepper Cooking	
Sourdough Bread	Cereals With Gluten - Rye, Cereals With Gluten - Wheat

Eggs Florentine Benedict 2022

Ingredient	Allergens
Chives	
Eggs	Egg
Hollandaise Sauce	Egg, Milk
Muffins	Cereals With Gluten - Wheat
Paprika	
Spinach	
Vinegar White	Sulphur Dioxide

Extras

Extra Hash Brown Breakfast 2022 (F)

Ingredient	Allergens
Hash Browns (F)	

Extra Black Pudding Breakfast 2022

Ingredient	Allergens
Black Pudding	Cereals With Gluten - Wheat

Extra Sausage Breakfast 2022

Ingredient	Allergens
Cumberland Sausage	Cereals With Gluten - Wheat, Sulphur Dioxide

Extra Mushrooms Breakfast 2022

Ingredient	Allergens
Marinated Mushrooms 2021	

Extra Egg Breakfast 2022

Ingredient	Allergens
Eggs	Egg

Extra Bacon Breakfast 2022

Ingredient	Allergens
Bacon Streaky Cooked	

Pancakes and Waffles

Large - Bacon Savoury Pancakes Breakfast 2022

Ingredient	Allergens
Bacon Streaky Cooked	
Buttermilk Pancakes	Cereals With Gluten - Wheat, Egg, Milk
Icing Sugar	
Maple Syrup	

Small - Raspberries Sweet Pancakes Breakfast

Ingredient	Allergens
Buttermilk Pancakes	Cereals With Gluten - Wheat, Egg, Milk
Icing Sugar	
Mint	
Mix Berry Compote (C)	
Raspberries	

Large - Raspberries Sweet Pancakes
Breakfast

Ingredient	Allergens
Buttermilk Pancakes	Cereals With Gluten - Wheat, Egg, Milk
Icing Sugar	
Mint	
Mix Berry Compote (C)	
Raspberries	

Banana Toffee Waffle

Ingredient	Allergens
Icing Sugar	
Mint	

Waffle & Mixed Berries

Ingredient	Allergens
Icing Sugar	
Mix Berry Compote (C)	
Raspberries	
Waffles	Cereals With Gluten - Wheat, Egg, Milk, Soybeans

Small - Bacon Savoury Pancakes
Breakfast 2022

Ingredient	Allergens
Bacon Streaky Cooked	
Buttermilk Pancakes	Cereals With Gluten - Wheat, Egg, Milk
Icing Sugar	
Maple Syrup	