

#### Allergen information

Spring 24 v1.1

18.3.2024

At Wildwood we take the safety of our customers very seriously. The information provided on these pages refers to the allergens contained in the ingredients which make up the dishes found on the Spring menu.

In most cases we will be able to modify dishes by removing ingredients or by replacing them with others. Please ask a member of our team who will be happy to help mix and match ingredients to suit your dietary requirements. Please be aware that whilst every care is taken to ensure that food prepared in our kitchens remain free of allergens the chefs and manufactures of products handle other items. As a result, there is a chance that items may contain a trace of other ingredients not noted on the information sheet.

Note that whilst peanuts are not present as an ingredient in any dishes, they are used for special menu items and are handled in our kitchen with the greatest care.

Items marked **(F)** – These items are fried as part of the preparation or cooking process. Due to offering a such wide selection of menu items the oil in our fryers will contain traces of allergens including gluten, dairy, soya, sesame, fish, mollusc, crustacean, egg, mustard, sulphates and celery.

For dishes served with fries and chips we offer an alternative which are oven baked, please ensure your sever is notified if you have a food allergy, intolerance or preference.

## **Bread and Olives**

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
FOCACCIA		Wheat											Y	Υ
MARINATED OLIVES														
MOZZARELLA GARLIC BREAD		Wheat					Y							
MUSHROOM & B- MOZZARELA BRUSCHETTA		Rye, Wheat					Y							Y
PESTO POMODORO BREAD		Wheat								Almond, Hazelnut, Walnut				
ROSEMARY GARLIC BREAD		Wheat												

#### Starters

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
CALAMARI <b>(F)</b>		Wheat		Y			Υ	Y	Y				Y	Y
PRAWNS SHELL ON	Y	Rye, Wheat	Υ											Υ

#### Pizza

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
FIORENTINA PIZZA		Wheat		Y			Y							
PIZZA BUFFALLO & PROSCIUTTO CRUDO		Wheat					Y							
PIZZA DOUBLE PEPPERONI		Wheat					Y							
PIZZA GRILLED COURGETTE & GOATS CHEESE		Wheat					Y			Almond, Hazelnut, Walnut				
PIZZA MARGHERITA		Wheat					Υ							
PIZZA PICCANTE CARNE		Wheat					Υ							

#### **Artisan Pizza and Calzone**

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
ARTISAN PRIMAVERA		Wheat					Y			Almond, Hazelnut, Walnut				
ARTISAN CALABRESE PIZZA		Wheat					Υ							
ARTISAN PHILLY CHEESESTEAK PIZZA		Wheat					Y							Y
CALZONE CHICKEN & CHORIZO	Y	Wheat					Y		Y					Y
CALZONE SPINACH, RICOTTA AND SPINACH	Υ	Wheat		Υ			Y		Y					Y

#### Salad

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
COBB SALAD APR				Y	Y		Υ		Y				Y	Y
GRILLED CHICKEN CAESAR SALAD		Wheat		Y	Y		Υ		Y				Y	Υ
EXTRA BACON														
EXTRA GOAT CHEESE							Υ							

## Light options

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
LIGHT BOLOGNESE	Υ	Wheat					Υ							Υ
LIGHT COURGETE GOATS CHEESE PIZZA		Wheat					Y			Almond, Hazelnut, Walnut				
LIGHT MARGHERITA		Wheat					Υ							
LIGHT PENNE ALLA NORMA	Υ	Wheat					Υ							Υ
LIGHT PEPPERONI		Wheat					Υ							
LIGHT PIZZA CARNE		Wheat					Υ							
LIGHT SPAGHETTI CARBONARA		Wheat		Y			Y							
LIGHT SPAGHETTI POMODORO	Υ	Wheat												

#### Pasta

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
BAKED GOATS CHEESE PENNE	Y	Wheat					Y			Almond, Hazelnut, Walnut				
CLASSIC SPAGHETTI POMODORO	Y	Wheat					Y							
EXTRA CHICKEN														
EXTRA CHORIZO SLICES							Υ							
OVEN BAKED CHICKEN & MUSHROOM PENNE		Wheat					Y							
OVEN BAKED LASAGNE	Y	Wheat		Y			Υ						Y	
PENNE ALLA NORMA	Y	Wheat					Υ							Υ
PENNE ARRABIATA	Y	Wheat					Υ							
PERI PERI CHICKEN PENNE		Wheat					Υ							
SEAFOOD LINGUINE	Y	Wheat	Υ					Υ						Y
SPAGHETTI CARBONARA		Wheat		Y			Υ							
TRADITIONAL BOLOGNESE	Y	Wheat					Y							Y
VEGAN LASAGNA	Y	Oats, Wheat											Y	

#### Risotto

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
CHICKEN & CHORIZO RISOTTO							Υ						Y	Υ
RISOTTO WITH BUTTERNUT SQUASH							Y			Almond, Hazelnut, Walnut				

## Grill

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
BURGER (F)		Wheat		Y			Υ		Y					
BUTTERMILK CHICKEN (F)		Wheat		Y			Υ		Υ				Y	Υ
CHICKEN ROMANA							Y							Υ
EXTRA BACON														
EXTRA MONTEREY JACK							Y							
MINUTE STEAK & CHIPS (F)							Y							. <b>Y</b>
PHILLY CHEESESTEAK SANDWICH <b>(F)</b>		Rye, Wheat		Y			Y		Υ					Υ
RIB EYE STEAK <b>(F)</b>														
SEABASS WITH BRAISED LENTILS					Y		Y							Υ
VEGAN BAKED AUBERGINE		Barley, Oats, Wheat							Y				Y	
PEPPERCORN SAUCE	Y	Wheat			Y		Y							

## Sides

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
MIXED SALAD									Y					Υ
ROSEMARY FRIES (F)														
SIDE, GREEN BEANS							Υ			Almond				
SWEET POTATO FRIES (F)														

#### Dessert

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
CHOCOLATE BROWNIE		Wheat		Υ			Υ					Υ	Y	
COOKIES & CREAM CHEESECAKE		Wheat											Y	
LEMON SORBET														
MANGO SORBET														
RASPBERRY SORBET														
ICE CREAM CHOCOLATE							Υ						Y	
ICE CREAM MINT CHOCOLATE							Y						Y	
ICE CREAM STRAWBERRY							Υ							
ICE CREAM VANILLA							Υ							
STICKY TOFFEE PUDDING		Wheat		Y			Y							Υ
TIRAMISU		Wheat		Y			Y						Y	
TORTA DELLA NONNA		Wheat		Y			Υ			Almond				

#### Kids

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
KIDS BOLOGNESE	Y	Wheat					Y							Υ
KIDS CALZONE		Wheat					Y							
KIDS CALZONE CHICKEN		Wheat					Y		Y					
KIDS CALZONE MUSHROOMS		Wheat					Y							
KIDS CALZONE PEPPERONI		Wheat					Υ							
KIDS CHICKEN PIZZA		Wheat					Y		Y					
KIDS MARGHERITA		Wheat					Y							
KIDS MINI BURGER		Wheat												
KIDS MUSHROOM PIZZA		Wheat					Y							
KIDS PEPPERONI PIZZA		Wheat					Y							
KIDS SAUSAGE & CHIPS		Wheat												Y
KIDS SPAGHETTI TOMATO	Y	Wheat					Y							
KIDS BREADED CHICKEN		Wheat					Y		Υ					

#### Kids dessert

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
KIDS EXTRA BROWNIE		Wheat		Y			Υ					Υ	Y	
KIDS ICE CREAM CHOCOLATE							Y						Y	
KIDS ICE CREAM MINT							Υ						Y	
KIDS ICE CREAM STRAWBERRY							Y							
KIDS ICE CREAM VANILLA							Υ							
KIDS REAL FRUIT LOLLY														

## Wine

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
BOTTLE ALBARINO														Υ
BOTTLE CHAMPAGNE														Υ
BOTTLE CHARDONNAY														Υ
BOTTLE CHENIN BLANC														Υ
BOTTLE HOUSE RED														Υ
BOTTLE HOUSE WHITE					Y									Υ
BOTTLE MALBEC				Υ										Υ
BOTTLE MERLOT														Y
BOTTLE MONTELPULCIANO					Y									Υ
BOTTLE PICPOUL DE PINET														Υ
BOTTLE PINOT BLUSH					Y									Υ
BOTTLE PINOT GRIGIO					Y									Υ
BOTTLE PINOT NOIR														Υ
BOTTLE PROSECCO														Υ
BOTTLE PULLY FUME														Υ
BOTTLE RIOJA														Υ
BOTTLE ROSE GRENACHE														Υ
BOTTLE SANCERRE														Υ
BOTTLE SANGIOVESE					Y									Υ
BOTTLE SAUV BLANC CHILE					Y									Υ
BOTTLE SAUVIGNON BLANC FROST					Y									Υ
BOTTLE SHIRAZ														Υ
BOTTLE SPARKLING ROSADO														Y

#### Beer

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
MAGNERS														Y
SHIPYARD		Barley, Wheat												Y
SAN MIGUEL LOW ALC		Barley, Wheat												Y
PORRETTI		Barley, Wheat												Y
SAN MIGUEL		Barley, Wheat												Y
KINGSTON PRESS														Υ

#### Martini's

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
ESPRESSO MARTINI														
PORNSTAR MARTINI														Υ

## Mocktails

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
APPLE & SPARKLE														
PASSION FRUIT CRUSH														
TROPICAL FRUIT COOLER														
VIRGIN MOJITO														

## **Classic Cocktails**

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
ALABAMA SLAMMER														
AMARETTO SOUR														
CLASSIC MOJITO														
LONG ISLAND ICE TEA														
MANDARIN MOJITO														
PASSIONFRUIT COLLINS 2021														
SEX ON THE BEACH														

## **Sparkling Cocktails**

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
PASSIONFRUIT BELLINI														Υ
POMEGRANATE AND MANDARIN FIZZ														Υ
RASPBERRY BELLINI														Y

## Kids drinks

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
BLACKCURRANT CORDIAL														
CHOCOLATE MILK							Υ							
KIDS APPLE JUICE														
KIDS BANANA MILK							Υ							
KIDS ORANGE JUICE														
KIDS PASSION FRUIT LEMONADE														
KIDS STRAWBERRY LEMONADE														
ORANGE SQUASH														
STRAWBERRY MILK							Y							

# **Bread and Olives**

Ingredient Allergens Garlic Spread Mozzarella Milk Onion Marmalade Pizza Dough Cereals With Gluten - Wheat  Mushroom & B-Mozzarella Bruschetta Ingredient Allergens Balsamic Glaze Sulphur Dioxide Buffalo Mozz. Milk Dried Shallot Extra Virgin Olive Oil Roasted Field Mushroom Rocket Sourdough Bread Cereals With Gluten - Rye, Cereals With Gluten - Wheat Toasted 7 Seed Mix  Focaccia Ingredient Allergens Balsamic Vinegar Sulphur Dioxide Extra Virgin Olive Oil Focaccia Bread Cereals With Gluten - Wheat, Soybeans Roast Red Pepper Tapenade  Rosemary Garlic Bread Ingredient Allergens Garlic Spread Pizza Dough Cereals With Gluten - Wheat Rosemary  Pesto Pomodoro Bread Ingredient Allergens Plaza Dough Cereals With Gluten - Wheat Rosemary  Pesto Pomodoro Bread Pizza Dough Cereals With Gluten - Wheat Pizza Sauce Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens Palergens Rollergens Roll	Mozzarella Garlic Bread	
Mozzarella Onion Marmalade Pizza Dough Cereals With Gluten - Wheat  Mushroom & B-Mozzarella Bruschetta Ingredient Allergens Balsamic Glaze Sulphur Dioxide Buffalo Mozz. Milk Dried Shallot Extra Virgin Olive Oil Roasted Field Mushroom Rocket Sourdough Bread Cereals With Gluten - Rye, Cereals With Gluten - Wheat  Toasted 7 Seed Mix  Focaccia Ingredient Allergens Balsamic Vinegar Sulphur Dioxide Extra Virgin Olive Oil Focaccia Bread Roast Red Pepper Tapenade  Rosemary Garlic Bread Ingredient Allergens Garlic Spread Pizza Dough Cereals With Gluten - Wheat Allergens Garlic Spread Pizza Dough Cereals With Gluten - Wheat Rosemary  Pesto Pomodoro Bread Ingredient Allergens Cereals With Gluten - Wheat	Ingredient	Allergens
Onion Marmalade Pizza Dough Cereals With Gluten - Wheat  Mushroom & B-Mozzarella Bruschetta Ingredient Balsamic Glaze Sulphur Dioxide Buffalo Mozz. Milk Dried Shallot Extra Virgin Olive Oil Roasted Field Mushroom Rocket Sourdough Bread Cereals With Gluten - Rye, Cereals With Gluten - Wheat Toasted 7 Seed Mix  Focaccia Ingredient Balsamic Vinegar Sulphur Dioxide Extra Virgin Olive Oil Focaccia Bread Cereals With Gluten - Wheat, Soybeans Roast Red Pepper Tapenade  Rosemary Garlic Bread Ingredient Allergens Garlic Spread Pizza Dough Cereals With Gluten - Wheat Rosemary  Pesto Pomodoro Bread Ingredient Allergens Oregano Pizza Dough Cereals With Gluten - Wheat Pizza Sauce Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens	Garlic Spread	
Pizza Dough  Cereals With Gluten - Wheat  Mushroom & B-Mozzarella Bruschetta Ingredient  Balsamic Glaze  Sulphur Dioxide  Milk  Dried Shallot  Extra Virgin Olive Oil  Roasted Field Mushroom  Rocket  Sourdough Bread  Cereals With Gluten - Rye, Cereals With Gluten - Wheat  Toasted 7 Seed Mix  Focaccia Ingredient  Balsamic Vinegar  Extra Virgin Olive Oil  Focaccia Bread  Roast Red Pepper Tapenade  Rosemary Garlic Bread Ingredient  Allergens  Garlic Spread Pizza Dough  Rosemary  Pesto Pomodoro Bread Ingredient  Allergens  Allergens  Cereals With Gluten - Wheat  Allergens  Allergens  Cereals With Gluten - Wheat  Allergens  Cereals With Gluten - Wheat  Allergens  Cereals With Gluten - Wheat  Nosemary  Allergens  Cereals With Gluten - Wheat  Cereals With Gluten - Wheat  Nosemary  Pesto Pomodoro Bread Ingredient  Allergens  Oregano  Pizza Dough  Cereals With Gluten - Wheat  Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient  Allergens	Mozzarella	Milk
Mushroom & B-Mozzarella Bruschetta Ingredient Allergens Balsamic Glaze Sulphur Dioxide Buffalo Mozz. Milk Dried Shallot Extra Virgin Olive Oil Roasted Field Mushroom Rocket Sourdough Bread Cereals With Gluten - Rye, Cereals With Gluten - Wheat Toasted 7 Seed Mix  Focaccia Ingredient Allergens Balsamic Vinegar Sulphur Dioxide Extra Virgin Olive Oil Focaccia Bread Cereals With Gluten - Wheat, Soybeans Roast Red Pepper Tapenade  Rosemary Garlic Bread Ingredient Allergens Garlic Spread Pizza Dough Cereals With Gluten - Wheat Rosemary  Pesto Pomodoro Bread Ingredient Allergens Oregano Pizza Dough Cereals With Gluten - Wheat Pizza Sauce Vegan Green Pesto Nut - Allmond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens	Onion Marmalade	
Ingredient Allergens Balsamic Glaze Sulphur Dioxide Buffalo Mozz. Milk Dried Shallot Extra Virgin Olive Oil Roasted Field Mushroom Rocket Sourdough Bread Cereals With Gluten - Rye, Cereals With Gluten - Wheat Toasted 7 Seed Mix  Focaccia Ingredient Allergens Balsamic Vinegar Sulphur Dioxide Extra Virgin Olive Oil Focaccia Bread Cereals With Gluten - Wheat, Soybeans Roast Red Pepper Tapenade  Rosemary Garlic Bread Ingredient Allergens Garlic Spread Pizza Dough Cereals With Gluten - Wheat Rosemary  Pesto Pomodoro Bread Ingredient Allergens Oregano Pizza Dough Cereals With Gluten - Wheat Pizza Sauce Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens Allergens	Pizza Dough	Cereals With Gluten - Wheat
Ingredient Allergens Balsamic Glaze Sulphur Dioxide Buffalo Mozz. Milk Dried Shallot Extra Virgin Olive Oil Roasted Field Mushroom Rocket Sourdough Bread Cereals With Gluten - Rye, Cereals With Gluten - Wheat Toasted 7 Seed Mix  Focaccia Ingredient Allergens Balsamic Vinegar Sulphur Dioxide Extra Virgin Olive Oil Focaccia Bread Cereals With Gluten - Wheat, Soybeans Roast Red Pepper Tapenade  Rosemary Garlic Bread Ingredient Allergens Garlic Spread Pizza Dough Cereals With Gluten - Wheat Rosemary  Pesto Pomodoro Bread Ingredient Allergens Oregano Pizza Dough Cereals With Gluten - Wheat Pizza Sauce Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens Allergens		
Balsamic Glaze  Buffalo Mozz.  Milk  Dried Shallot  Extra Virgin Olive Oil  Roasted Field Mushroom  Rocket  Sourdough Bread  Cereals With Gluten - Rye, Cereals With Gluten - Wheat  Toasted 7 Seed Mix  Focaccia Ingredient  Balsamic Vinegar  Extra Virgin Olive Oil  Focaccia Bread  Roast Red Pepper Tapenade  Rosemary Garlic Bread Ingredient  Allergens  Garlic Spread  Pizza Dough  Rosemary  Pesto Pomodoro Bread Ingredient  Allergens  Oregano  Pizza Dough  Cereals With Gluten - Wheat  Allergens  Cereals With Gluten - Wheat  Allergens  Cereals With Gluten - Wheat  Cereals With Gluten - Wheat  Cereals With Gluten - Wheat  Allergens  Allergens  Oregano  Pizza Dough  Cereals With Gluten - Wheat  Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives  Ingredient  Allergens		
Buffalo Mozz. Milk  Dried Shallot  Extra Virgin Olive Oil  Roasted Field Mushroom  Rocket  Sourdough Bread Cereals With Gluten - Rye, Cereals With Gluten - Wheat  Toasted 7 Seed Mix  Focaccia Ingredient Allergens  Balsamic Vinegar Sulphur Dioxide  Extra Virgin Olive Oil  Focaccia Bread Cereals With Gluten - Wheat, Soybeans  Roast Red Pepper Tapenade  Rosemary Garlic Bread Ingredient Allergens  Garlic Spread Pizza Dough Cereals With Gluten - Wheat  Rosemary  Pesto Pomodoro Bread Ingredient Allergens  Oregano Pizza Dough Cereals With Gluten - Wheat  Pizza Sauce  Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens  Allergens		<u> </u>
Dried Shallot  Extra Virgin Olive Oil  Roasted Field Mushroom  Rocket  Sourdough Bread  Cereals With Gluten - Rye, Cereals With Gluten - Wheat  Toasted 7 Seed Mix  Focaccia Ingredient  Balsamic Vinegar  Extra Virgin Olive Oil  Focaccia Bread  Rosemary Garlic Bread Ingredient  Allergens  Allergens  Rosemary Garlic Bread Ingredient  Allergens  Garlic Spread  Pizza Dough  Cereals With Gluten - Wheat  Rosemary  Pesto Pomodoro Bread Ingredient  Allergens  Oregano  Pizza Dough  Cereals With Gluten - Wheat  Pizza Sauce  Vegan Green Pesto  Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient  Allergens		
Extra Virgin Olive Oil Roasted Field Mushroom Rocket Sourdough Bread Cereals With Gluten - Rye, Cereals With Gluten - Wheat Toasted 7 Seed Mix  Focaccia Ingredient Balsamic Vinegar Extra Virgin Olive Oil Focaccia Bread Roast Red Pepper Tapenade  Rosemary Garlic Bread Ingredient Allergens Garlic Spread Pizza Dough Rosemary  Pesto Pomodoro Bread Ingredient Allergens Oregano Pizza Dough Cereals With Gluten - Wheat Allergens Oregano Pizza Sauce Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens Allergens		Milk
Roasted Field Mushroom Rocket Sourdough Bread Cereals With Gluten - Rye, Cereals With Gluten - Wheat  Toasted 7 Seed Mix  Focaccia Ingredient Allergens Balsamic Vinegar Sulphur Dioxide Extra Virgin Olive Oil Focaccia Bread Cereals With Gluten - Wheat, Soybeans Roast Red Pepper Tapenade  Rosemary Garlic Bread Ingredient Allergens Garlic Spread Pizza Dough Cereals With Gluten - Wheat Rosemary  Pesto Pomodoro Bread Ingredient Allergens Oregano Pizza Dough Cereals With Gluten - Wheat  Pizza Sauce  Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens	Dried Shallot	
Rocket  Sourdough Bread Cereals With Gluten - Rye, Cereals With Gluten - Wheat  Toasted 7 Seed Mix  Focaccia Ingredient Balsamic Vinegar Balsamic Vinegar Sulphur Dioxide  Extra Virgin Olive Oil Focaccia Bread Roast Red Pepper Tapenade  Rosemary Garlic Bread Ingredient Allergens Garlic Spread Pizza Dough Rosemary  Pesto Pomodoro Bread Ingredient Allergens  Oregano Pizza Dough Cereals With Gluten - Wheat  Allergens  Cereals With Gluten - Wheat  Cereals With Gluten - Wheat  Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens	Extra Virgin Olive Oil	
Sourdough Bread Cereals With Gluten - Rye, Cereals With Gluten - Wheat  Toasted 7 Seed Mix  Focaccia Ingredient Allergens Balsamic Vinegar Sulphur Dioxide Extra Virgin Olive Oil Focaccia Bread Cereals With Gluten - Wheat, Soybeans Roast Red Pepper Tapenade  Rosemary Garlic Bread Ingredient Allergens Garlic Spread Pizza Dough Cereals With Gluten - Wheat Rosemary  Pesto Pomodoro Bread Ingredient Allergens  Oregano Pizza Dough Cereals With Gluten - Wheat Pizza Sauce Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens	Roasted Field Mushroom	
Toasted 7 Seed Mix  Focaccia Ingredient Allergens Balsamic Vinegar Extra Virgin Olive Oil Focaccia Bread Rosemary Garlic Bread Ingredient Allergens  Allergens  Allergens  Allergens  Cereals With Gluten - Wheat, Soybeans  Allergens  Allergens  Cereals With Gluten - Wheat, Soybeans  Cereals With Gluten - Wheat, Soybeans  Allergens  Garlic Spread  Pizza Dough Cereals With Gluten - Wheat  Allergens  Oregano  Pizza Dough Cereals With Gluten - Wheat  Pizza Dough Cereals With Gluten - Wheat  Noregano  Pizza Dough Pizza Sauce  Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens	Rocket	
Focaccia Ingredient Allergens Balsamic Vinegar Sulphur Dioxide Extra Virgin Olive Oil Focaccia Bread Cereals With Gluten - Wheat, Soybeans Roast Red Pepper Tapenade  Rosemary Garlic Bread Ingredient Allergens Garlic Spread Pizza Dough Cereals With Gluten - Wheat Rosemary  Pesto Pomodoro Bread Ingredient Allergens Oregano Pizza Dough Cereals With Gluten - Wheat  Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens  Allergens	Sourdough Bread	
Ingredient Allergens Balsamic Vinegar Sulphur Dioxide  Extra Virgin Olive Oil  Focaccia Bread Cereals With Gluten - Wheat, Soybeans Roast Red Pepper Tapenade  Rosemary Garlic Bread Ingredient Allergens  Garlic Spread  Pizza Dough Cereals With Gluten - Wheat Rosemary  Pesto Pomodoro Bread Ingredient Allergens  Oregano  Pizza Dough Cereals With Gluten - Wheat  Pizza Sauce  Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens  Allergens	Toasted 7 Seed Mix	
Balsamic Vinegar Extra Virgin Olive Oil Focaccia Bread Cereals With Gluten - Wheat, Soybeans Roast Red Pepper Tapenade  Rosemary Garlic Bread Ingredient Allergens Garlic Spread Pizza Dough Cereals With Gluten - Wheat Rosemary  Pesto Pomodoro Bread Ingredient Allergens Oregano Pizza Dough Cereals With Gluten - Wheat  Allergens  Oregano Pizza Dough Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens	<u>Focaccia</u>	
Extra Virgin Olive Oil Focaccia Bread Cereals With Gluten - Wheat, Soybeans Roast Red Pepper Tapenade  Rosemary Garlic Bread Ingredient Allergens Garlic Spread Pizza Dough Cereals With Gluten - Wheat Rosemary  Pesto Pomodoro Bread Ingredient Allergens Oregano Pizza Dough Cereals With Gluten - Wheat  Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens Allergens	Ingredient	Allergens
Focaccia Bread Cereals With Gluten - Wheat, Soybeans Roast Red Pepper Tapenade  Rosemary Garlic Bread Ingredient Allergens Garlic Spread Pizza Dough Cereals With Gluten - Wheat Rosemary  Pesto Pomodoro Bread Ingredient Allergens  Oregano Pizza Dough Cereals With Gluten - Wheat  Pizza Dough Allergens  Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens  Allergens	Balsamic Vinegar	Sulphur Dioxide
Rosemary Garlic Bread Ingredient Allergens Garlic Spread Pizza Dough Cereals With Gluten - Wheat Rosemary  Pesto Pomodoro Bread Ingredient Allergens Oregano Pizza Dough Cereals With Gluten - Wheat  Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens  Allergens	Extra Virgin Olive Oil	
Rosemary Garlic Bread Ingredient Allergens Garlic Spread Pizza Dough Cereals With Gluten - Wheat Rosemary  Pesto Pomodoro Bread Ingredient Allergens Oregano Pizza Dough Cereals With Gluten - Wheat  Pizza Sauce Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens  Allergens	Focaccia Bread	Cereals With Gluten - Wheat, Soybeans
Ingredient Allergens Garlic Spread Pizza Dough Cereals With Gluten - Wheat Rosemary  Pesto Pomodoro Bread Ingredient Allergens Oregano Pizza Dough Cereals With Gluten - Wheat  Pizza Dough Cereals With Gluten - Wheat  Pizza Sauce  Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens	Roast Red Pepper Tapenade	
Ingredient Allergens Garlic Spread Pizza Dough Cereals With Gluten - Wheat Rosemary  Pesto Pomodoro Bread Ingredient Allergens Oregano Pizza Dough Cereals With Gluten - Wheat  Pizza Dough Cereals With Gluten - Wheat  Pizza Sauce  Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens	Rosemary Garlic Bread	
Garlic Spread  Pizza Dough Cereals With Gluten - Wheat  Rosemary  Pesto Pomodoro Bread Ingredient Allergens  Oregano  Pizza Dough Cereals With Gluten - Wheat  Pizza Sauce  Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens	·	Allergens
Rosemary  Pesto Pomodoro Bread Ingredient Allergens Oregano Pizza Dough Cereals With Gluten - Wheat Pizza Sauce Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens		,
Pesto Pomodoro Bread Ingredient Allergens Oregano Pizza Dough Cereals With Gluten - Wheat Pizza Sauce Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens	Pizza Dough	Cereals With Gluten - Wheat
Ingredient Allergens Oregano Pizza Dough Cereals With Gluten - Wheat Pizza Sauce Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens	Rosemary	
Ingredient Allergens Oregano Pizza Dough Cereals With Gluten - Wheat Pizza Sauce Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens	Doots Domodovs Drood	
Oregano Pizza Dough Cereals With Gluten - Wheat Pizza Sauce Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens		Allorgono
Pizza Dough Cereals With Gluten - Wheat  Pizza Sauce  Vegan Green Pesto Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient Allergens		Allergens
Pizza Sauce  Vegan Green Pesto  Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient  Allergens	-	Cereals With Gluten - Wheat
Vegan Green Pesto  Nut - Almond, Nut - Hazelnut, Nut - Walnut  Marinated Olives Ingredient  Allergens		Ocidais With Gluten - Wiledt
Marinated Olives Ingredient Allergens		
Ingredient Allergens	Vegan Green Pesto	
Ingredient Allergens	Marinated Olives	
_ · · · · · · · · · · · · · · · · · · ·		Allergens
	Olive Medley	

## **Starters**

Spring Onion

Prawns Shell On	
Ingredient	Allergens
Baby Red Plum Tomato	
Chopped Parsley	
Cooking Wine White	Sulphur Dioxide
Cracked Pepper Black	
Garlic Oil	
Garlic Oil	
Garlic Spread	
Lemons	
Onions Red	
Prawns Shell/head On	Crustaceans
Red Chilli	
Salt	
Sourdough Bread	Cereals With Gluten - Rye, Cereals With Gluten - Wheat
Tomato Sauce	Celery
Calamari (F)	
Ingredient	Allergens
Calamari Prepared (F)	Molluscs
Calamari Squid Mix (F)	Cereals With Gluten - Wheat, Soybeans, Sulphur Dioxide
Lemons	
Peri Peri Mayo	Egg, Milk, Mustard
Rapeseed Oil (F)	
Red Chilli	

# Pizza

Fiorentina Pizza	
Ingredient	Allergens
Black Olives	
Cooked Spinach	
Dough Balls	Cereals With Gluten - Wheat
Eggs	Egg
Garlic Oil	
Hard Cheese Shavings	Milk
Mozzarella	Milk
Pizza Sauce	
Salt & Pepper Cooking	
Spinach	
Pizza Double Pepperoni	
Ingredient	Allergens
Mozzarella	Milk
Oregano	
Pepperoni Sliced	Milk
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	
Thyme	
Pizza Margherita	
Ingredient	Allergens
Basil	
Mozzarella	Milk
Mozzarella Whole	Milk
Oregano	
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	
Pizza Buffalo & Prosciutto Crudo	
Ingredient	Allergens
Baby Red Plum Tomato	
Buffalo Mozz. Carnevale	Milk
Dough Balls	Cereals With Gluten - Wheat
Mozzarella	Milk
Oregano	
Pizza Sauce	
Prosciutto Crudo Sliced	
Rocket	

## Pizza Grilled Courgette & Goats Cheese

Ingredient	Allergens
Black Olives	
Cherry bell Peppers	
Goats Cheese	Milk
Grilled Courgette Slices	
Mozzarella	Milk
Oregano	
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	
Porcini & Mushroom Mix	
Vegan Green Pesto	Nut - Almond, Nut - Hazelnut, Nut - Walnut
Pizza Piccante Carne Ingredient	Allergens
Chorizo	Milk
Harissa Paste	
Mozzarella	Milk
Oregano	
Pepperoni Sliced	Milk
Pizza Dough	Cereals With Gluten - Wheat
Pizza Dough Pizza Sauce Batch	Cereals With Gluten - Wheat
	Cereals With Gluten - Wheat
Pizza Sauce Batch	Cereals With Gluten - Wheat

# Salad

Grilled Chicken Caesar Salad	
Ingredient	Allergens
Brown Anchovies	Fish
Caesar Dressing	Egg, Fish, Milk, Mustard, Soybeans, Sulphur Dioxide
Chicken Breast B/flied	
Cos Lettuce	
Cracked Pepper Black	
Croutons Focaccia	Cereals With Gluten - Wheat, Soybeans
Hard Cheese Block	Milk
Hard Cheese Shavings	Milk
Rapeseed Oil	
Salt	
Cobb Salad	
Ingredient	Allergens
Avocado	
Caesar Dressing	Egg, Fish, Milk, Mustard, Soybeans, Sulphur Dioxide
Cheddar Cheese	Milk
Chicken Fillet Steak	
Corn On The Cob	
Cos Lettuce	
Rapeseed Oil	
Salt & Pepper Cooking	
Streaky Bacon Cooked	
Tortilla Chips	
Extra Bacon	
Ingredient	Allergens
Streaky Bacon Cooked	
Extra Goat Cheese	
Ingredient	Allergens
Goats Cheese	Milk

# **Artisan Pizza and Calzone**

Alusan Filliavei	Artisan	Primavera
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Artisan Primavera	
Ingredient	Allergens
Aubergine Grilled	
Black Olives	
Cherry bell Peppers	
Hard Cheese Block	Milk
Mozzarella	Milk
Oregano	
Peperonata Mix	
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce	
Rocket	
Vegan Green Pesto	Nut - Almond, Nut - Hazelnut, Nut - Walnut
A 11 O. I. I Di	
Artisan Calabrese Pizza	
Artisan Calabrese Pizza Ingredient	Allergens
	Allergens
Ingredient	Allergens
Ingredient Calabrese Picante Sausage	Allergens
Ingredient Calabrese Picante Sausage Cherry bell Peppers	
Ingredient Calabrese Picante Sausage Cherry bell Peppers Hard Cheese Block	Milk
Ingredient Calabrese Picante Sausage Cherry bell Peppers Hard Cheese Block Mozzarella	Milk
Ingredient Calabrese Picante Sausage Cherry bell Peppers Hard Cheese Block Mozzarella Oregano	Milk Milk
Ingredient Calabrese Picante Sausage Cherry bell Peppers Hard Cheese Block Mozzarella Oregano Pizza Dough	Milk Milk
Ingredient Calabrese Picante Sausage Cherry bell Peppers Hard Cheese Block Mozzarella Oregano Pizza Dough Pizza Sauce Batch	Milk Milk
Ingredient Calabrese Picante Sausage Cherry bell Peppers Hard Cheese Block Mozzarella Oregano Pizza Dough Pizza Sauce Batch Rocket	Milk Milk
Ingredient Calabrese Picante Sausage Cherry bell Peppers Hard Cheese Block Mozzarella Oregano Pizza Dough Pizza Sauce Batch Rocket Salami Milano	Milk Milk
Ingredient Calabrese Picante Sausage Cherry bell Peppers Hard Cheese Block Mozzarella Oregano Pizza Dough Pizza Sauce Batch Rocket Salami Milano	Milk Milk

Ingredient	Allergens
Calzone Garnish	Mustard, Sulphur Dioxide
Dough Balls	Cereals With Gluten - Wheat
Garlic Spread	
Hard Cheese Block	Milk
Mozzarella	Milk
Mushroom	
Pizza Sauce	
Spinach & Ricotta Cheese Mix	Egg, Milk
Tomato Sauce	Celery
Triple Blend Cheese	Milk

## Artisan Philly Cheesesteak Pizza

Ingredient	Allergens
Baby Red Plum Tomato	
Chimichurri Dressing	Sulphur Dioxide
Hard Cheese Block	Milk
Monterey Jack Cheese	Milk
Mozzarella	Milk
Onions Red	
Philly Steak	Sulphur Dioxide
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	
Rocket	

## Calzone Chicken & Chorizo

Ingredient	Allergens
Calzone Garnish	Mustard, Sulphur Dioxide
Chorizo	Milk
Cooked Chicken Breast	
Dough Balls	Cereals With Gluten - Wheat
Mozzarella	Milk
Oregano	
Peperonata Mix	
Salt & Pepper Cooking	
Tomato Sauce	Celery
Triple Blend Cheese	Milk

# Light options

Light Courgete Goats Cheese Pizza	
Ingredient	Allergens
Black Olives	
Cherry bell Peppers	
Goats Cheese	Milk
Grilled Courgette Slices	
Light Salad Side	
Mozzarella	Milk
Oregano	
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	
Porcini & Mushroom Mix	
Vegan Green Pesto	Nut - Almond, Nut - Hazelnut, Nut - Walnut
Light Penne Alla Norma	
Ingredient	Allergens
Aubergine Grilled	
Baby Red Plum Tomato	
Basil	
Basil Cooked Penne	Cereals With Gluten - Wheat
	Cereals With Gluten - Wheat Sulphur Dioxide
Cooked Penne	
Cooked Penne Cooking Wine White	
Cooked Penne Cooking Wine White Crushed Chilli	
Cooked Penne Cooking Wine White Crushed Chilli Extra Virgin Olive Oil	
Cooked Penne Cooking Wine White Crushed Chilli Extra Virgin Olive Oil Garlic Oil	
Cooked Penne Cooking Wine White Crushed Chilli Extra Virgin Olive Oil Garlic Oil Light Salad Side	
Cooked Penne Cooking Wine White Crushed Chilli Extra Virgin Olive Oil Garlic Oil Light Salad Side Olive Oil Blend	
Cooked Penne Cooking Wine White Crushed Chilli Extra Virgin Olive Oil Garlic Oil Light Salad Side Olive Oil Blend Oregano	Sulphur Dioxide
Cooked Penne Cooking Wine White Crushed Chilli Extra Virgin Olive Oil Garlic Oil Light Salad Side Olive Oil Blend Oregano Ricotta Cheese	Sulphur Dioxide

Lio	ht	Pizza	Carne
	HΙ	r IZZa	Callle

Ingredient	Allergens
Chorizo	Milk
Harissa Paste	
Light Salad Side	
Mozzarella	Milk
Oregano	
Pepperoni Sliced	Milk
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	
Salami Milano	
Speck	
Thyme	
Light Penneroni	

## Light Pepperoni

Ingredient	Allergens
Light Salad Side	
Mozzarella	Milk
Oregano	
Pepperoni Sliced	Milk
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	
Thyme	

# Thyme

## Light Margherita

Ingredient	Allergens
Basil Wildwood	
Light Salad Side	
Mozzarella	Milk
Mozzarella Whole	Milk
Oregano	
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	

## Light Spaghetti Carbonara

Ingredient	Allergens
Carbonara Sauce	Egg, Milk
Cooked Spaghetti	Cereals With Gluten - Wheat
Light Salad Side	
Pancetta Cooked	

## Salt & Pepper Cooking

## Light Bolognese

Salt & Pepper Cooking

Tomato Sauce

Ingredient	Allergens
Bolognaise	Celery, Milk, Sulphur Dioxide
Chopped Parsley	
Cooked Spaghetti	Cereals With Gluten - Wheat
Light Salad Side	
Olive Oil Blend	
Parsley Flat	
Salt & Pepper Cooking	
Tomato Sauce	Celery
Light Spaghetti Pomodoro	
Ingredient	Allergens
Basil	
Cooked Spaghetti	Cereals With Gluten - Wheat
Light Salad Side	
Olive Oil Blend	

Celery

# Pasta

Spaghetti Carbonara	
Ingredient	Allergens
Basil	
Carbonara Sauce	Egg, Milk
Cooked Spaghetti	Cereals With Gluten - Wheat
Cracked Pepper Black	
Pancetta Cooked	
Oven Baked Chicken & Mushroom Penne	
Ingredient	Allergens
(uht Single Cream)	Milk
Butter	Milk
Chicken Plain Cooked	
Cooked Penne	Cereals With Gluten - Wheat
Mushroom Mix	
Mushroom Sauce	Milk
Parsley Flat	
Salt & Pepper Cooking	
Triple Blend Cheese	Milk
X Grated Hard Cheese Offered At Table	Milk
Peri Peri Chicken Penne	
Ingredient	Allergens
(uht Single Cream)	Milk
Baby Red Plum Tomato	
Butter	Milk
Chicken Plain Cooked	
Cooked Penne	Cereals With Gluten - Wheat
Garlic Oil	
Harissa Paste	
Peri Peri Marinade Central	
Roasted Red Chilli	
Salt & Pepper Cooking	
Spinach	

Milk

X Grated Hard Cheese Offered At Table

Seafood	ina	uuna

Ingredient	Allergens
Baby Red Plum Tomato	
Cooking Wine White	Sulphur Dioxide
Garlic Oil	
Linguine Cooked	Cereals With Gluten - Wheat
Olive Oil Blend	
Onions Red	
Parsley Flat	
Prawns Shell/head On Raw	Crustaceans
Red Chilli	
Salt & Pepper Cooking	
Seafood Mix	Crustaceans, Molluscs
Tomato Sauce	Celery
Penne Alla Norma	
Ingredient	Allergens
Aubergine Grilled	
Baby Red Plum Tomato	
Basil	
Cooked Penne	Cereals With Gluten - Wheat
Cooking Wine White	Sulphur Dioxide
Crushed Chilli	
Extra Virgin Olive Oil	
Garlic Oil	
Olive Oil Blend	
Oregano	
Ricotta Cheese	Milk
Salt & Pepper Cooking	
Spinach	
Tomato Sauce	Celery
X Grated Hard Cheese Offered At Table	Milk
<u>Vegan Lasagne</u>	
Ingredient	Allergens
Chopped Parsley	
Vegan Cheese	
Vegan Lasagne Prepared	Celery, Cereals With Gluten - Oats, Cereals With Gluten - Wheat, Soybeans

Classic Spaghetti Pomodoro	
Ingredient	Allergens
Basil	
Cooked Spaghetti	Cereals With Gluten - Wheat
Olive Oil Blend	
Salt & Pepper Cooking	
Tomato Sauce	Celery
X Grated Hard Cheese Offered At Table	Milk
Traditional Bolognese	
Ingredient	Allergens
B 1 .	•
Bolognaise	Celery, Milk, Sulphur Dioxide
Bolognaise Chopped Parsley	Celery, Milk, Sulphur Dioxide
-	Celery, Milk, Sulphur Dioxide  Cereals With Gluten - Wheat
Chopped Parsley	
Chopped Parsley Cooked Spaghetti	,
Chopped Parsley Cooked Spaghetti Olive Oil Blend	,
Chopped Parsley Cooked Spaghetti Olive Oil Blend Parsley Flat	,
Chopped Parsley Cooked Spaghetti Olive Oil Blend Parsley Flat Salt & Pepper Cooking	Cereals With Gluten - Wheat
Chopped Parsley Cooked Spaghetti Olive Oil Blend Parsley Flat Salt & Pepper Cooking Tomato Sauce	Cereals With Gluten - Wheat  Celery

Ingredient	Allergens
Chopped Parsley	
Cooked Penne	Cereals With Gluten - Wheat
Crushed Chilli	
Garlic Oil	
Olive Oil Blend	
Parsley Flat	
Roasted Red Chilli	
Salt & Pepper Cooking	
Tomato Sauce	Celery
X Grated Hard Cheese Offered At Table	Milk

## Oven Baked Lasagne

Chicken Plain Cooked

Ingredient	Allergens
Lasagne Prepared	Celery, Cereals With Gluten - Wheat, Egg, Milk, Soybeans
Parsley Flat	
Triple Blend Cheese	Milk
Extra Chorizo Slices	
Ingredient	Allergens
Chorizo	Milk
Extra Chicken	
Ingredient	Allergens

# Risotto

Chicken 8	Chorizo	Risotto
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Vegan Cheese

Vegetable Stock - Wildwood

X Grated Hard Cheese Offered At Table

Chicken & Chorizo Risotto	
Ingredient	Allergens
Butter	Milk
Chicken Plain Cooked	
Chopped Parsley	
Chorizo	Milk
Crispy Speck	
Edamame Beans Shelled	Soybeans
Garlic Oil 2022	
Hard Cheese Block	Milk
Harissa Paste	
Lemon Juice	Sulphur Dioxide
Parsley Flat	
Risotto Base	
Salt & Pepper Cooking	
Vegetable Stock - Wildwood	
White Cooking Wine	Sulphur Dioxide
X Grated Hard Cheese Offered At Table	Milk
Risotto With Butternut Squash	
Ingredient	Allergens
Almonds Flaked	Nut - Almond
Basil Pesto	Nut - Almond, Nut - Hazelnut, Nut - Walnut
Butternut Squash Puree	
Cracked Pepper Black	
Extra Virgin Olive Oil	
Garlic Oil 2022	
Rapeseed Oil	
Risotto Base 2022	
Roasted Butternut Squash & Rosemary	
Rocket	
Sage	
Salt	

Milk

# Grill

Buttermilk Chicken Burger (F)	
Ingredient	Allergens
Burger Bun	Cereals With Gluten - Wheat
Buttermilk Chicken Batch (F)	Milk
Cos Lettuce	
Flour Mix For Buttermilk (F)	Cereals With Gluten, Cereals With Gluten - Wheat, Soybeans, Sulphur Dioxide
Mayonnaise	Egg, Milk, Mustard
Rapeseed Oil (F)	
Rosemary Fries (F)	
Tomatoes Beef	
Chicken Romana	
Ingredient	Allergens
Butter	Milk
Chicken Breast B/flied	
Cooking Wine White	Sulphur Dioxide
French Beans	
Parsley Flat	
Prosciutto Crudo Sliced	
Rapeseed Oil	
Roasted New Potatoes	
Rosemary	
Sage	
Salt & Pepper Cooking	
Vegetable Stock - Wildwood	
Seabass With Braised Lentils	
Ingredient	Allergens
Baby Red Plum Tomato	
Braised Lentils	
Butter	Milk
Capers	
Courgettes Wedges	
Cracked Pepper Black	
Lemons	
Parsley Flat	
Rapeseed Oil	
Salt	
Seabass B/flied	Fish
Vegetable Stock - Wildwood	
White Cooking Wine	Sulphur Dioxide

## Minute Steak & Chips (F)

Ingredient	Allergens
Cracked Pepper Black	
Garlic & Parsley Steak Butter	Milk, Sulphur Dioxide
Minute Steak	
Rapeseed Oil	
Rosemary Fries (F)	
Salt	
Rocket	

## Rib Eye Steak (F)

Ingredient	Allergens
Cracked Pepper Black	
Rapeseed Oil (F)	
Rib Eye 10oz	
Rosemary Fries (F)	
Salt	
Rocket	

## Extra Monterey Jack

Ingredient	Allergens
Monterey Jack Cheese	Milk

## Vegan Baked Aubergine

Ingredient	Allergens
Baked Aubergine	Cereals With Gluten - Barley, Cereals With Gluten - Wheat, Soybeans
Chives	
Classic Vinagretta, Hellmann's	Mustard
Courgette Paste	
Grains Mix For Aubergine	Cereals With Gluten - Barley, Cereals With Gluten - Wheat, Soybeans
Rocket	
Toasted 7 Seed Mix	
Vegan & Chives Creme Fraiche	Cereals With Gluten - Oats

Ingredient	Allergens
Chimichurri Dressing	Sulphur Dioxide
Cos Lettuce	
Mayonnaise	Egg, Milk, Mustard
Monterey Jack Cheese	Milk
Olive Oil Blend	
Onions Red	
Philly Steak Portions	Sulphur Dioxide
Rapeseed Oil	
Rosemary Fries (F)	
Sourdough Bread	Cereals With Gluten - Rye, Cereals With Gluten - Wheat
Burger (F)	
Burger (F) Ingredient	Allergens
	Allergens
Ingredient	Allergens  Cereals With Gluten - Wheat
Ingredient Burger	
Ingredient Burger Burger Bun	Cereals With Gluten - Wheat Cereals With Gluten - Wheat, Egg,
Ingredient Burger Burger Bun Burger Sauce	Cereals With Gluten - Wheat Cereals With Gluten - Wheat, Egg,
Ingredient Burger Burger Bun Burger Sauce Cos Lettuce	Cereals With Gluten - Wheat Cereals With Gluten - Wheat, Egg,
Ingredient Burger Burger Bun Burger Sauce Cos Lettuce Rosemary Fries (F)	Cereals With Gluten - Wheat Cereals With Gluten - Wheat, Egg,
Ingredient Burger Burger Bun Burger Sauce Cos Lettuce Rosemary Fries (F) Salt & Pepper Cooking	Cereals With Gluten - Wheat Cereals With Gluten - Wheat, Egg,
Ingredient Burger Burger Bun Burger Sauce Cos Lettuce Rosemary Fries (F) Salt & Pepper Cooking Tomatoes Beef	Cereals With Gluten - Wheat Cereals With Gluten - Wheat, Egg,

Ingredient	Allergens
· · · · · · · · · · · · · · · · · · ·	

Streaky Bacon Cooked

# Peppercorn Sauce

Ingredient	Allergens
Peppercorn Sauce	Celery, Cereals With Gluten - Wheat, Fish, Milk

# Sides

## Side, Green Beans

Rosemary Fries (F)

Olde, Oreen Bearle	
Ingredient	Allergens
Almonds Flaked	Nut - Almond
Butter	Milk
French Beans	
Salt & Pepper Cooking	
Mixed Salad	
Ingredient	Allergens
Baby Red Plum Tomato	
Black Olives	
Cucumber	
Marinated Pepper Slices	
Mixed Leaves Homemade	
Onions Red	
Raddish	
Salad Dressing - French	Mustard, Sulphur Dioxide
Sweet Potato Fries (F)	
Ingredient	Allergens
Rapeseed Oil (F)	
Rosemary Salt	
Sweet Potato Fries (F)	
Rosemary Fries (F)	
Ingredient	Allergens
Rapeseed Oil (F)	

# Dessert

Ingredient	Allergens
Chocolate Honeycomb	Milk
Chocolate Sauce	
Drinking Chocolate	Milk
Ice Cream - Vanilla	Milk
Ww Brownie	Cereals With Gluten - Wheat, Egg, Milk, Sesame, Soybeans
Cookies & Cream Cheesecake	
Ingredient	Allergens
Chocolate Sauce	· · ·
Cookie & Cream Cheese Cake	Cereals With Gluten - Wheat, Soybeans
Ice Cream Chocolate	
Ingredient	Allergens
Ice Cream - Chocolate	Milk, Soybeans
Ice Cream Mint Chocolate	
Ingredient	Allergens
Ice Cream - Mint Choc Chip	Milk, Soybeans
Ice Cream Strawberry	
Ingredient	Allergens
Ice Cream - Strawberry	Milk
Torta Della Nonna	
Ingredient	Allergens
Ice Cream - Vanilla	Milk
Mint	
Torte Della Nonna	Cereals With Gluten - Wheat, Egg, Milk, Nut - Almond
Gf Lemon Sorbet	
Ingredient	Allergens
Sorbet - Lemon	
Gf Mango Sorbet	
Ingredient	Allergens
Sorbet - Mango	· morgono
0.5	
Gf Raspberry Sorbet Ingredient	Allergens

## Sticky Toffee Pudding

Ingredient	Allergens
Ice Cream - Vanilla	Milk
Sticky Toffee Pudding	Cereals With Gluten - Wheat, Egg, Milk, Sulphur Dioxide
<u>Tiramisu</u>	
Ingredient	Allergens
Drinking Chocolate	Milk
Tiramisu	Cereals With Gluten - Wheat, Egg, Milk, Soybeans
Ice Cream Vanilla	
Ice Cream Vanilla Ingredient	Allergens

# Kids mains

Pizza Dough

Pizza Sauce Batch

Ingredient	Allergens
Bolognaise	Celery, Milk, Sulphur Dioxide
Olive Oil Blend	
Cooked Penne	Cereals With Gluten - Wheat
Cooked Spaghetti	Cereals With Gluten - Wheat
Cheese	Milk
Parsley Flat	
Kids Mini Burger <b>(F)</b>	
Ingredient	Allergens
Baby Gem Lettuce	
Burger	Sulphur Dioxide
Burger Bun	Cereals With Gluten - Wheat
Chips Portion (F)	
Baby Gem Lettuce	
Cucumbers slices	
Cherry Tomatoes	
Parsley Flat	
Parsley Flat	
Parsley Flat  Kids Margherita Pizza/ Calzone	• "
Parsley Flat <u>Kids Margherita Pizza/ Calzone</u> Ingredient	Allergens
Parsley Flat  Kids Margherita Pizza/ Calzone Ingredient Mozzarella	Milk
Parsley Flat  Kids Margherita Pizza/ Calzone Ingredient  Mozzarella  Pizza Dough	•
Parsley Flat  Kids Margherita Pizza/ Calzone Ingredient Mozzarella	Milk
Parsley Flat  Kids Margherita Pizza/ Calzone Ingredient Mozzarella Pizza Dough Pizza Sauce Batch	Milk
Parsley Flat  Kids Margherita Pizza/ Calzone Ingredient Mozzarella Pizza Dough Pizza Sauce Batch  Kids Pepperoni Pizza/ Calzone	Milk Cereals With Gluten - Wheat
Parsley Flat  Kids Margherita Pizza/ Calzone Ingredient  Mozzarella Pizza Dough Pizza Sauce Batch  Kids Pepperoni Pizza/ Calzone Ingredient	Milk Cereals With Gluten - Wheat Allergens
Parsley Flat  Kids Margherita Pizza/ Calzone Ingredient  Mozzarella  Pizza Dough  Pizza Sauce Batch  Kids Pepperoni Pizza/ Calzone Ingredient  Mozzarella	Milk Cereals With Gluten - Wheat  Allergens  Milk
Parsley Flat  Kids Margherita Pizza/ Calzone Ingredient  Mozzarella  Pizza Dough  Pizza Sauce Batch  Kids Pepperoni Pizza/ Calzone Ingredient  Mozzarella  Pepperoni Sliced	Milk Cereals With Gluten - Wheat  Allergens Milk Milk
Parsley Flat  Kids Margherita Pizza/ Calzone Ingredient  Mozzarella  Pizza Dough  Pizza Sauce Batch  Kids Pepperoni Pizza/ Calzone Ingredient  Mozzarella  Pepperoni Sliced  Pizza Dough	Milk Cereals With Gluten - Wheat  Allergens  Milk
Parsley Flat  Kids Margherita Pizza/ Calzone Ingredient  Mozzarella  Pizza Dough  Pizza Sauce Batch  Kids Pepperoni Pizza/ Calzone Ingredient  Mozzarella  Pepperoni Sliced	Milk Cereals With Gluten - Wheat  Allergens Milk Milk
Parsley Flat  Kids Margherita Pizza/ Calzone Ingredient  Mozzarella  Pizza Dough  Pizza Sauce Batch  Kids Pepperoni Pizza/ Calzone Ingredient  Mozzarella  Pepperoni Sliced  Pizza Dough  Pizza Sauce Batch	Milk Cereals With Gluten - Wheat  Allergens Milk Milk
Parsley Flat  Kids Margherita Pizza/ Calzone Ingredient  Mozzarella  Pizza Dough  Pizza Sauce Batch  Kids Pepperoni Pizza/ Calzone Ingredient  Mozzarella  Pepperoni Sliced  Pizza Dough  Pizza Sauce Batch  Kids Chicken Pizza/ Calzone	Milk Cereals With Gluten - Wheat  Allergens Milk Milk Cereals With Gluten - Wheat
Parsley Flat  Kids Margherita Pizza/ Calzone Ingredient  Mozzarella  Pizza Dough  Pizza Sauce Batch  Kids Pepperoni Pizza/ Calzone Ingredient  Mozzarella  Pepperoni Sliced  Pizza Dough  Pizza Sauce Batch  Kids Chicken Pizza/ Calzone Ingredient	Milk Cereals With Gluten - Wheat  Allergens Milk Milk
Parsley Flat  Kids Margherita Pizza/ Calzone Ingredient  Mozzarella  Pizza Dough  Pizza Sauce Batch  Kids Pepperoni Pizza/ Calzone Ingredient  Mozzarella  Pepperoni Sliced  Pizza Dough  Pizza Sauce Batch  Kids Chicken Pizza/ Calzone	Milk Cereals With Gluten - Wheat  Allergens Milk Milk Cereals With Gluten - Wheat

Cereals With Gluten - Wheat

## Kids Breaded Chicken (F)

Ingredient	Allergens
Buttermilk Chicken (F) with paprika/oregano	Cereals With Gluten, Cereals With Gluten - Wheat, Milk, Mustard, Soybeans, Sulphur Dioxide
Chips Portion (F)	
Baby Gem Lettuce	
Cucumbers slices	
Cherry Tomatoes	
Parsley Flat	
Frozen Peas	

## Kids Tomato Pasta

Ingredient	Allergens
Olive Oil Blend	
Tomato Sauce	Celery
Cooked Penne	Cereals With Gluten - Wheat
Cooked Spaghetti	Cereals With Gluten - Wheat
Cheese	Milk
Parsley Flat	

## Kids Mushroom Pizza/Calzone

Ingredient	Allergens
Flat Mushrooms	
Mozzarella	Milk
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	

# **KIDS DESSERTS**

Mus ice Cieani vanilie	Kids	Ice	Cream	Vanilla
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Ice Lolly - Apple Raspberry

Kids ice Cream Vanilla	
Ingredient	Allergens
Ice Cream-Vanilla	Milk
Ice-Cream Waffle Cones	Cereals With Gluten - Wheat, Milk, Soybeans
Kids Ice Cream Strawberry	
Ingredient	Allergens
Ice Cream - Strawberry	Milk
Ice-Cream Waffle Cones	Cereals With Gluten - Wheat, Milk, Soybeans
Kids Ice Cream Chocolate	
Ingredient	Allergens
Ice Cream-Chocolate	Milk, Soybeans
Ice-Cream Waffle Cones	Cereals With Gluten - Wheat, Milk, Soybeans
Kids Brownie	
Ingredient	Allergens
Chocolate Sauce	Soybeans
Icing Sugar	
Ww Brownie	Cereals With Gluten - Wheat, Egg, Milk, Sesame, Soybeans
Kids Ice Cream Mint	
Ingredient	Allergens
Ice Cream-Mint Choc Chip	Milk, Soybeans
Ice-Cream Waffle Cones	Cereals With Gluten - Wheat, Milk, Soybeans
Kids Real Fruit Lolly	
Ingredient	Allergens