

WILDWOOD

PIZZA PASTA GRILL

Allergen information

Winter 23/24 V1.11 including Mother's Day

26.2.2024

At Wildwood we take the safety of our customers very seriously. The information provided on these pages refers to the allergens contained in the ingredients which make up the new dishes found on the Winter menu 23.

In most cases we will be able to modify dishes by removing ingredients or by replacing them with others. Please ask a member of our team who will be happy to help mix and match ingredients to suit your dietary requirements. Please be aware that whilst every care is taken to ensure that food prepared in our kitchens remain free of allergens the chefs and manufactures of products handle other items. As a result, there is a chance that items may contain a trace of other ingredients not noted on the information sheet.

Note that whilst peanuts are not present as an ingredient in any dishes, they are used for special menu items and are handled in our kitchen with the greatest care.

Items marked **(F)** – These items are fried as part of the preparation or cooking process. Due to offering a such wide selection of menu items the oil in our fryers will contain traces of allergens including gluten, dairy, soya, sesame, fish, mollusc, crustacean, egg, mustard, sulphates and celery.

For dishes served with fries and chips we offer an alternative which are oven baked, please ensure your sever is notified if you have a food allergy, intolerance or preference.

Mother's day

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
CHICKEN WITH BRAISED LENTILS	Y						Y							
GRILLED SEABASS WITH PEPERONATA	Y				Y									
RISOTTO PRIMAVERA							Y						Y	Y
TUNA NICOISE SALAD				Y	Y				Y					Y
ETON MESS		Wheat		Y			Y			Hazelnut			Y	

Mother’s Day

Risotto Primavera	
Ingredient	Allergens
Asparagus	
Butter	Milk
Cooking Wine White	Sulphur Dioxide
Courgette Paste	
Courgettes	
Cracked Pepper Black	
Edamame Beans Shelled	Soybeans
French Beans	
Frozen Peas	
Mint	
Parsley Flat	
Rapeseed Oil	
Risotto Base	
Rocket	
Salt	
Spinach	
Spring Onion	
Vegetable Stock - Wildwood	

Grilled Seabass With Peperonata

Ingredient	Allergens
Baby Red Plum Tomato	
Basil	
Black Olives	
Capers	
Cracked Pepper Black	
Lemon & Olive Oil Dressing	
Lemons	
Parsley Flat	
Peperonata Mix	
Salt	
Sea Salt Flaked	
Seabass B/fried	Fish
Spinach	
Tomato Sauce	Celery

Eton Mess

Ingredient	Allergens
Chantilly Cream	Milk
Florentine Wafers	Cereals With Gluten - Wheat, Egg, Milk, Soybeans
Hazelnuts Shelled	Nut - Hazelnut
Ice Cream - Vanilla	Milk
Icing Sugar	
Meringues	Egg
Mint	
Mix Berry Compote	
Raspberries	

Tuna Nicoise Salad

Ingredient	Allergens
Baby Red Plum Tomato	
Black Olives	
Chives	
Cos Lettuce	
Cracked Pepper Black	
Cucumber	
Eggs	Egg
Extra Virgin Olive Oil	
French Beans	
Lemon & Olive Oil Dressing	
New Potatoes	
Onions Red	
Rapeseed Oil	
Red Pepper	
Salad Dressing - French	Mustard, Sulphur Dioxide
Salt	
Sea Salt Flaked	
Tuna Stea	Fish
Yellow Pepper	

Chicken With Braised Lentils

Ingredient	Allergens
Baby Red Plum Tomato	
Braised Lentils	
Butter	Milk
Chicken Breast B/fried	
Courgettes Wedges	
Parsley Flat	
Rapeseed Oil	
Rocket	
Salt & Pepper Cooking	
Spinach	
Tomato Sauce	Celery
Veal Jus	
Vegetable Stock - Wildwood	

Bread and Olives

	Celery	Cereals With Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
FOCACCIA		Wheat											Y	Y
MARINATED OLIVES														
MOZZARELLA GARLIC BREAD		Wheat					Y							
MUSHROOM AND BUFFALO MOZZARELLA BRUSCHETTA		Rye, Wheat					Y							Y
PESTO POMODORO BREAD		Wheat								Almond, Hazelnut, Walnut				
ROSEMARY GARLIC BREAD		Wheat												

Starters

	Celery	Cereals With Gluten	Crustaceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
BEETROOTS SALAD							Y			Almond, Hazelnut, Walnut				Y
BUTTERNUT SQUASH, CARROT & GINGER SOUP	Y	Rye, Wheat					Y							
CALAMARI		Wheat		Y			Y	Y	Y				Y	Y
CHICKEN LIVER PATE		Rye, Wheat					Y			Hazelnut				
MUSHROOM ARANCINI (F)		Wheat					Y						Y	Y
PRAWN COCKTAIL			Y	Y					Y					Y
PRAWNS SHELL ON	Y	Rye, Wheat	Y											Y
SALMON RILLET		Rye, Wheat			Y		Y							Y

Pizza

	Celery	Cereals With Gluten	Crust-aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
FIORENTINA PIZZA		Wheat		Y			Y							
PIZZA BUFFALLO & PROSCIUTTO CRUDO		Wheat					Y							
PIZZA CARBONARA		Wheat		Y			Y							
PIZZA DOUBLE PEPPERONI		Wheat					Y							
PIZZA GRILLED COURGETTE & GOATS CHEESE		Wheat					Y			Almond, Hazelnut, Walnut				
PIZZA MARGHERITA		Wheat					Y							
PIZZA PICCANTE CARNE		Wheat					Y							

Modifiers pizza

	Celery	Cereals With Gluten	Crust-aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
VEGAN CHEESE														
NON-GLUTEN DOUGH														

Artisan Pizza and Calzone

	Celery	Cereals With Gluten	Crust-aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
ARTISAN PRIMAVERA		Wheat					Y			Almond, Hazelnut, Walnut				
ARTISAN CALABRESE PIZZA		Wheat					Y							
ARTISAN PHILLY CHEESESTEAK PIZZA		Wheat					Y							Y
CALZONE CHICKEN & CHORIZO	Y	Wheat					Y		Y					Y
CALZONE SPINACH, RICOTTA AND SPINACH	Y	Wheat		Y			Y		Y					Y

Salad

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
CAESAR SALAD		Wheat		Y	Y		Y		Y				Y	Y
COBB SALAD				Y	Y		Y		Y				Y	Y
EXTRA BACON														
EXTRA CHICKEN														
EXTRA GOAT CHEESE							Y							

Light options

[illegible]

Pasta

[illegible]

Risotto

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
CHICKEN & CHORIZO RISOTTO							Y						Y	Y
PRAWN COURGETTES & PEAS RISOTTO			Y				Y							Y
RISOTTO WITH BUTTERNUT SQUASH										Almond, Hazelnut, Walnut				
MUSHROOM RISOTTO							Y							Y

Grill

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
BUTTERMILK CHICKEN BURGER (F)		Wheat		Y			Y		Y				Y	Y
CHICKEN ROMANA							Y							Y
CLASSIC BURGER (F)		Wheat		Y					Y					
EXTRA CORN ON COB							Y							
EXTRA BACON														
EXTRA MONTEREY JACK							Y							
FULL RACK OF RIBS (F)	Y								Y					
MUSHROOM MELT BURGER (F)		Wheat		Y			Y		Y					
PHILLY CHEESESTEAK SANDWICH (F)		Rye, Wheat		Y			Y		Y					Y
RIB EYE STEAK (F)	Y	Wheat			Y		Y							
ROASTED COD LOIN WITH CRUSHED POTATO	Y				Y		Y							Y
SEABASS WITH BRAISED LENTILS					Y		Y							Y
MINUTE STEAK & CHIPS (F)							Y							Y
TURKEY PAUPIETTE, STUFFED WITH CHESTNUT		Wheat					Y						Y	Y
TURKEY BURGER (F)		Wheat					Y						Y	Y
VEGAN BAKED AUBERGINE		Barley, Oats, Wheat							Y				Y	Y

Sides

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
MIXED SALAD									Y					Y
PIGS IN BLANKET (F)									Y					
ROSEMARY FRIES (F)				Y			Y		Y					
SIDE TOSCAN ROASTED POTATO							Y							
SIDE, GREEN BEANS & BROCOLI							Y			Y				
SIDE, GREEN BEANS							Y			Y				
SIDE, ROASTED ROOT VEG														
SIDE, SAVOY CABBAGE														Y
SWEET POTATO FRIES (F)														
SIDE DAUPHINOISE POTATOES							Y							

Dessert

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
CHOCOLATE BROWNIE		Wheat		Y			Y					Y	Y	
CHOCOLATE FONDANT		Wheat		Y			Y						Y	
COOKIES & CREAM CHEESECAKE		Wheat											Y	
COUP NOIR		Wheat		Y			Y						Y	
LEMON SORBET														
MANGO SORBET														
RASPBERRY SORBET														
ICE CREAM CHOCOLATE							Y						Y	
ICE CREAM MINT CHOCOLATE							Y						Y	
ICE CREAM STRAWBERRY							Y							
ICE CREAM VANILLA							Y							
PANNACOTTA							Y							
STICKY TOFFEE PUDDING		Wheat		Y			Y							Y
TIRAMISU		Wheat		Y			Y						Y	
TORTA DELLA NONNA		Wheat		Y			Y			Almond				

KIDS MAINS

	Celery	Cereals With Gluten	Crust-aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
KIDS BOLOGNESE	Y	Wheat					Y							Y
KIDS BREADED TURKEY (F)		Wheat					Y		Y				Y	Y
KIDS BREADED CHICKEN (F)		Wheat					Y		Y				Y	Y
KIDS MARGHERITA		Wheat					Y							
KIDS MINI BURGER (F)		Wheat												Y
KIDS MUSHROOMS		Wheat					Y							
KIDS PENNE		Wheat					Y							
KIDS PEPPERONI		Wheat					Y							
KIDS SAUSAGE & CHIPS (F)		Wheat												Y
KIDS TOMATO PASTA	Y	Wheat					Y							

KIDS DESSERTS

[illegible]

Wine

[illegible]

Beer

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
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MAGNERS														Y
SHIPYARD		Barley, Wheat												Y
SAN MIGUEL LOW ALC		Barley, Wheat												Y
PORRETTI		Barley, Wheat												Y
SAN MIGUEL		Barley, Wheat												Y
KINGSTON PRESS														Y

Martini's

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
ESPRESSO MARTINI 2021														
PORNSTAR MARTINI 2021														Y

Mocktails

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
APPLE & SPARKLE 2021														
PASSION FRUIT CRUSH 2021														
TROPICAL FRUIT COOLER 2021														
VIRGIN MOJITO 2021														

Classic Cocktails

	Celery	Cereals With Gluten	Crust- aceans	Egg	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soybeans	Sulphur Dioxide
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Bread and Olives

Focaccia

Ingredient	Allergens
Balsamic Vinegar	Sulphur Dioxide
Extra Virgin Olive Oil	
Focaccia Bread	Cereals With Gluten - Wheat, Soybeans
Roast Red Pepper Tapenade	

Mushroom And Buffalo Mozzarella Bruschetta

Ingredient	Allergens
Balsamic Glaze	Sulphur Dioxide
Buffalo Mozz. Carnevale	Milk
Dried Shallot	
Extra Virgin Olive Oil	
Micro Mixed Leaves	
Roasted Field Mushroom	
Rocket	
Sourdough Bread	Cereals With Gluten - Rye, Cereals With Gluten - Wheat
Toasted 7 Seed Mix	

Pesto Pomodoro Bread

Ingredient	Allergens
Oregano	
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	
Vegan Green Pesto	Nut - Almond, Nut - Hazelnut, Nut - Walnut

Rosemary Garlic Bread

Ingredient	Allergens
Garlic Spread	
Pizza Dough	Cereals With Gluten - Wheat
Rosemary	

Mozzarella Garlic Bread

Ingredient	Allergens
Garlic Spread	
Mozzarella	Milk
Onion Marmalade	
Pizza Dough	Cereals With Gluten - Wheat

Marinated Olives

Ingredient	Allergens
Olive Medley	

Starters

Beetroots Salad

Ingredient	Allergens
Basil Pesto	Nut - Almond, Nut - Hazelnut, Nut - Walnut
Beetroots Red	
Cracked Pepper Black	
Goats Curd	Milk, Sulphur Dioxide
Maldon Sea Salt	
Walnuts	Nut - Walnut
Watercress	

Salmon Rillet

Ingredient	Allergens
Dill	
Paprika	
Pickled Cucumbers	Sulphur Dioxide
Salmon Rillette	Fish, Milk, Sulphur Dioxide
Sourdough Bread	Cereals With Gluten - Rye, Cereals With Gluten - Wheat

Prawns Shell On

Ingredient	Allergens
Baby Red Plum Tomato	
Chopped Parsley	
Cooking Wine White	Sulphur Dioxide
Cracked Pepper Black	
Garlic Oil	
Garlic Spread	
Lemons	
Olive Oil Blend	
Prawns Shell/head On	Crustaceans
Red Chilli	
Salt	
Sourdough Bread	Cereals With Gluten - Rye, Cereals With Gluten - Wheat
Tomato Sauce	Celery

Prawn Cocktail

Ingredient	Allergens
Avocado	
Baby Gem Lettuce	
Cooked Large Prawn For Cocktail	Crustaceans, Sulphur Dioxide
Cracked Pepper Black	
Dill	
Extra Virgin Olive Oil	
Lemons	
Marie Rose Sauce	Egg, Mustard
Paprika	
Prawns Cooked	Crustaceans
Salt	

Mushroom Arancini (F)

Ingredient	Allergens
Hard Cheese Block	Milk
Mushroom Arancini (F)	Cereals With Gluten - Wheat, Milk, Soybeans, Sulphur Dioxide
Olive Oil Blend	
Rapeseed Oil (F)	
Rocket	
Salt & Pepper Cooking	
Tomato Sauce	Celery

Calamari (F)

Ingredient	Allergens
Calamari prepared (F)	Milk, Molluscs
Calamari Squid Mix (F)	Cereals With Gluten - Wheat, Soybeans, Sulphur Dioxide
Lemons	
Peri Peri Mayo	Egg, Mustard
Rapeseed Oil (F)	
Red Chilli	
Spring Onion	

Butternut Squash, Carrot & Ginger Soup

Ingredient	Allergens
Butternut Squash Soup	Celery
Crema Fraiche	Milk
Olive Oil Blend	
Parsley Flat	
Sourdough Bread	Cereals With Gluten - Rye, Cereals With Gluten - Wheat

Chicken Liver Pate

Ingredient	Allergens
Chicken Liver Pate	Milk
Dried Shallot	
Hazelnuts Shelled	Nut - Hazelnut
Micro Mixed Leaves	
Rocket	
Sourdough Bread	Cereals With Gluten - Rye, Cereals With Gluten - Wheat
Spiced Pear Chutney	

Pizza

Pizza Carbonara

Ingredient	Allergens
Carbonara Sauce	Egg, Milk
Dough Balls	Cereals With Gluten - Wheat
Eggs	Egg
Mozzarella	Milk
Oregano	
Pancetta Cooked	
Rocket	
Salt & Pepper Cooking	
Triple Blend Cheese	Milk

Pizza Grilled Courgette & Goats Cheese

Ingredient	Allergens
Black Olives	
Cherry bell Peppers	
Goats Cheese	Milk
Grilled Courgette Slices	
Mozzarella	Milk
Oregano	
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	
Porcini & Mushroom Mix	
Vegan Green Pesto	Nut - Almond, Nut - Hazelnut, Nut - Walnut

Fiorentina Pizza

Ingredient	Allergens
Black Olives	
Cooked Spinach	
Dough Balls	Cereals With Gluten - Wheat
Eggs	Egg
Garlic Oil	
Hard Cheese Shavings	Milk
Mozzarella	Milk
Pizza Sauce	
Salt & Pepper Cooking	
Spinach	

Pizza Buffalo & Prosciutto Crudo

Ingredient	Allergens
Baby Red Plum Tomato	
Buffalo Mozz. Carnevale	Milk
Dough Balls	Cereals With Gluten - Wheat
Mozzarella	Milk
Oregano	
Pizza Sauce	
Prosciutto Crudo Sliced	
Rocket	

Pizza Piccante Carne

Ingredient	Allergens
Chorizo	Milk
Harissa Paste	
Mozzarella	Milk
Oregano	
Pepperoni Sliced	Milk
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	
Salami Milano	
Speck	
Thyme	

Pizza Margherita

Ingredient	Allergens
Basil	
Mozzarella	Milk
Mozzarella Whole	Milk
Oregano	
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	

Pizza Double Pepperoni

Ingredient	Allergens
Mozzarella	Milk
Oregano	
Pepperoni Sliced	Milk
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	
Thyme	

Pasta

Peri Peri Chicken Penn

Ingredient	Allergens
(uht Single Cream)	Milk
Baby Red Plum Tomato	
Butter	Milk
Chicken Plain Cooked	
Cooked Penne	Cereals With Gluten - Wheat
Garlic Oil	
Harissa Paste	
Peri Peri Marinade Central	
Roasted Red Chilli	
Salt & Pepper Cooking	
Spinach	

Oven Baked Chicken & Mushroom Penne

Ingredient	Allergens
(uht Single Cream)	Milk
Butter	Milk
Chicken Plain Cooked	
Cooked Penne	Cereals With Gluten - Wheat
Mushroom Mix	
Mushroom Sauce	Milk
Parsley Flat	
Salt & Pepper Cooking	
Triple Blend Cheese	Milk

Spaghetti Carbonara

Ingredient	Allergens
Basil	
Carbonara Sauce	Egg, Milk
Cooked Spaghetti	Cereals With Gluten - Wheat
Cracked Pepper Black	
Pancetta Cooked	

Penne Alla Norma

Ingredient	Allergens
Aubergine Grilled	
Baby Red Plum Tomato	
Basil	
Cooked Penne	Cereals With Gluten - Wheat
Cooking Wine White	Sulphur Dioxide
Crushed Chilli	
Extra Virgin Olive Oil	
Garlic Oil	
Olive Oil Blend	
Oregano	
Ricotta Cheese	Milk
Salt & Pepper Cooking	
Spinach	
Tomato Sauce	Celery

Seafood Linguine

Ingredient	Allergens
Baby Red Plum Tomato	
Cooking Wine White	Sulphur Dioxide
Garlic Oil	
Linguine Cooked	Cereals With Gluten - Wheat
Olive Oil Blend	
Onions Red	
Parsley Flat	
Prawns Shell/head On	Crustaceans
Red Chilli	
Salt & Pepper Cooking	
Seafood Mix	Crustaceans, Molluscs
Tomato Sauce	Celery

Baked Goats Cheese Penne

Ingredient	Allergens
Cooked Penne	Cereals With Gluten - Wheat
Goats Cheese	Milk
Marinated Pepper Slice	
Mushroom Mix	
Olive Oil Blend	
Salt & Pepper Cooking	
Spinach	
Tomato Sauce	Celery
Triple Blend Cheese	Milk
Vegan Green Pesto	Nut - Almond, Nut - Hazelnut, Nut - Walnut

Penne Arrabiata

Ingredient	Allergens
Chopped Parsley	
Cooked Penne	Cereals With Gluten - Wheat
Crushed Chilli	
Garlic Oil	
Olive Oil Blend	
Parsley Flat	
Roasted Red Chilli	
Salt & Pepper Cooking	
Tomato Sauce	Celery

Traditional Bolognese

Ingredient	Allergens
Bolognaise	Celery, Milk, Sulphur Dioxide
Chopped Parsley	
Cooked Spaghetti	Cereals With Gluten - Wheat
Olive Oil Blend	
Parsley Flat	
Salt & Pepper Cooking	
Tomato Sauce	Celery

Classic Spaghetti Pomodoro

Ingredient	Allergens
Basil	
Cooked Spaghetti	Cereals With Gluten - Wheat
Olive Oil Blend	
Salt & Pepper Cooking	
Tomato Sauce	Celery

Vegan Lasagna

Ingredient	Allergens
Chopped Parsley	
Vegan Cheese	
Vegan Lasagne Prepared	Celery, Cereals With Gluten - Oats, Cereals With Gluten - Wheat, Soybeans

Raviolacci Porcini With Creamy Sauce

Ingredient	Allergens
(uht Single Cream)	Milk
Chopped Parsley	
Hard Cheese Shavings	Milk
Mushroom Sauce	Milk
Porcini Stock	
Rapeseed Oil	
Raviolacci Porcini	Cereals With Gluten - Wheat, Egg, Milk
Rocket	
Rosemary	
Sage	
Salt & Pepper Cooking	
Walnuts	Nut - Walnut

Oven Baked Lasagne

Ingredient	Allergens
Lasagne Prepared	Celery, Cereals With Gluten - Wheat, Egg, Milk, Soybeans
Parsley Flat	
Triple Blend Cheese	Milk

Extra Chorizo Slices

Ingredient	Allergens
Chorizo	Milk

Extra Chicken

Ingredient	Allergens
Chicken Plain Cooked	

Artisan Pizza and Calzone

Artisan Calabrese Pizza

Ingredient	Allergens
Calabrese Picante Sausage	
Cherrybell Peppers	
Hard Cheese Block	Milk
Mozzarella	Milk
Oregano	
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	
Rocket	
Salami Milano	
Speck	

Artisan Primavera

Ingredient	Allergens
Aubergine Grilled	
Black Olives	
Cherrybell Peppers	
Hard Cheese Block	Milk
Mozzarella	Milk
Oregano	
Peperonata Mix	
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce	
Rocket	
Vegan Green Pesto	Nut - Almond, Nut - Hazelnut, Nut - Walnut

Calzone Spinach, Ricotta And Spinach

Ingredient	Allergens
Calzone Garnish	Mustard, Sulphur Dioxide
Dough Balls	Cereals With Gluten - Wheat
Garlic Spread	
Hard Cheese Block	Milk
Mozzarella	Milk
Mushroom Mix	
Pizza Sauce	
Spinach & Ricotta Cheese Mix	Egg, Milk
Tomato Sauce	Celery
Triple Blend Cheese	Milk

Calzone Chicken & Chorizo

Ingredient	Allergens
Calzone Garnish	Mustard, Sulphur Dioxide
Chorizo	Milk
Cooked Chicken Breast	
Dough Balls	Cereals With Gluten - Wheat
Mozzarella	Milk
Oregano	
Peperonata Mix	
Salt & Pepper Cooking	
Tomato Sauce	Celery
Triple Blend Cheese	Milk

Artisan Philly Cheesesteak Pizza

Ingredient	Allergens
Baby Red Plum Tomato	
Chimichurri Dressing	Sulphur Dioxide
Hard Cheese Block	Milk
Monterey Jack Cheese	Milk
Mozzarella	Milk
Onions Red	
Philly Steak Portions	Sulphur Dioxide
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	
Rocket	

Light options

Light Spaghetti Carbonara

Ingredient	Allergens
Carbonara Sauce	Egg, Milk
Cooked Spaghetti	Cereals With Gluten - Wheat
Light Salad Side	
Pancetta Cooked	
Salt & Pepper Cooking	

Light Penne Alla Norma

Ingredient	Allergens
Aubergine Grilled	
Baby Red Plum Tomato	
Basil	
Cooked Penne	Cereals With Gluten - Wheat
Cooking Wine White	Sulphur Dioxide
Crushed Chilli	
Extra Virgin Olive Oil	
Garlic Oil	
Light Salad Side	
Olive Oil Blend	
Oregano	
Ricotta Cheese	Milk
Salt & Pepper Cooking	
Spinach	
Tomato Sauce	Celery

Light Margherita

Ingredient	Allergens
Basil Wildwood	
Light Salad Side	
Mozzarella	Milk
Mozzarella Whole	Milk
Oregano	
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	

Light Pepperoni

Ingredient	Allergens
Light Salad Side	
Mozzarella	Milk
Oregano	
Pepperoni Sliced	Milk
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	
Thyme	

Light Pizza Carne

Ingredient	Allergens
Chorizo	Milk
Harissa Paste	
Light Salad Side	
Mozzarella	Milk
Oregano	
Pepperoni Sliced	Milk
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	
Salami Milano	
Speck	
Thyme	

Light Courgette Goats Cheese Pizza

Ingredient	Allergens
Black Olives	
Cherry bell Peppers	
Goats Cheese	Milk
Grilled Courgette Slices	
Light Salad Side	
Mozzarella	Milk
Oregano	
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	
Porcini & Mushroom Mix	
Vegan Green Pesto	Nut - Almond, Nut - Hazelnut, Nut - Walnut

Light Spaghetti Pomodoro

Ingredient	Allergens
Basil	
Cooked Spaghetti	Cereals With Gluten - Wheat
Light Salad Side	
Olive Oil Blend	
Salt & Pepper Cooking	
Tomato Sauce	Celery

Light Bolognese

Ingredient	Allergens
Bolognaise	Celery, Milk, Sulphur Dioxide
Chopped Parsley	
Cooked Spaghetti	Cereals With Gluten - Wheat
Light Salad Side	
Olive Oil Blend	
Parsley Flat	
Salt & Pepper Cooking	
Tomato Sauce	Celery

Grill

Roasted Cod Loin With Crushed Potato

Ingredient	Allergens
Butter	Milk
Chives	
Cod Loin	Fish
Cracked Pepper Black	
Fish Veloute	Celery, Fish, Milk, Sulphur Dioxide
Parsley Flat	
Rapeseed Oil	
Roasted New Potatoes	
Salt	
Spring Onion	

Full Rack Of Ribs (F)

Ingredient	Allergens
Bbq Sauce Hol Deluxe	Celery, Mustard
Rapeseed Oil	
Ribs Prepared	Celery, Mustard
Rosemary Fries (F)	

Buttermilk Chicken Burger (F)

Ingredient	Allergens
Burger Bun	Cereals With Gluten - Wheat
Buttermilk Chicken Batch (F)	Milk
Cos Lettuce	
Flour Mix For Buttermilk (F)	Cereals With Gluten, Cereals With Gluten - Wheat, Soybeans, Sulphur Dioxide
Mayonnaise	Egg, Mustard
Rapeseed Oil (F)	
Rosemary Fries (F)	
Tomatoes Beef	

Chicken Romana

Ingredient	Allergens
Butter	Milk
Chicken Breast B/fried	
Cooking Wine White	Sulphur Dioxide
French Beans	
Parsley Flat	
Prosciutto Crudo Sliced	
Rapeseed Oil	
Roasted New Potatoes	
Rosemary	
Sage	
Salt & Pepper Cooking	
Vegetable Stock - Wildwood	

Seabass With Braised Lentils

Ingredient	Allergens
Baby Red Plum Tomato	
Braised Lentils	
Butter	Milk
Capers	
Courgettes Wedges	
Cracked Pepper Black	
Lemons	
Parsley Flat	
Rapeseed Oil	
Salt	
Seabass B/fried	Fish
Vegetable Stock - Wildwood	
White Cooking Wine	Sulphur Dioxide

Mushroom Melt Burger (F)

Ingredient	Allergens
Basil Aioli	Egg, Mustard
Burger Bun	Cereals With Gluten - Wheat
Cos Lettuce	
Cracked Pepper Black	
Mozzarella Whole	Milk
Onions Red	
Rapeseed Oil (F)	
Roasted Field Mushroom	
Rocket	
Rosemary Fries (F)	
Tomatoes Beef	

Rib Eye Steak (F)

Ingredient	Allergens
Cracked Pepper Black	
Peppercorn Sauce	Celery, Cereals With Gluten - Wheat, Fish, Milk
Rapeseed Oil (F)	
Rib Eye	
Rosemary Fries (F)	
Salt	
Watercress	

Turkey Paupiette, Stuffed With Chestnut

Ingredient	Allergens
Butternut Squash & Rosemary	
Cracked Pepper Black	
Dauphinoise Potato	Milk
Honey	
Parsley Flat	
Rapeseed Oil	
Roasted Carrots	
Roasted Parsnips	
Salt	
Stuffed Turkey Breast	Cereals With Gluten - Wheat, Soybeans, Sulphur Dioxide
Veal Jus	
Watercress	

Minute Steak & Chips (F)

Ingredient	Allergens
Cracked Pepper Black	
Garlic Butter	Milk, Sulphur Dioxide
Minute Steak	
Rapeseed Oil (F)	
Rosemary Fries (F)	
Salt	
Watercress	

Vegan Baked Aubergine

Ingredient	Allergens
Baked Aubergine	Cereals With Gluten - Barley, Cereals With Gluten - Wheat, Soybeans
Chickpeas Tin	
Chives	
Courgette Paste	
Edamame Beans Shelled	Soybeans
Glorious Grains	Cereals With Gluten - Barley, Cereals With Gluten - Wheat
Micro Mixed Leaves	
Rocket	
Toasted 7 Seed Mix	
Vegan Creme Fraiche	Cereals With Gluten - Oats
Vegan Dressing	Mustard, Sulphur Dioxide

Classic Burger

Ingredient	Allergens
Burger	
Burger Bun	Cereals With Gluten - Wheat
Burger Sauce	Cereals With Gluten - Wheat, Egg, Mustard
Cos Lettuce	
Rosemary Fries (F)	
Salt & Pepper Cooking	
Tomatoes Beef	

Philly Cheesesteak Sandwich **(F)**

Ingredient	Allergens
Chimichurri Dressing	Sulphur Dioxide
Cos Lettuce	
Mayonnaise	Egg, Mustard
Monterey Jack Cheese	Milk
Olive Oil Blend	
Onions Red	
Philly Steak Portions	Sulphur Dioxide
Rapeseed Oil (F)	
Rosemary Fries (F)	
Sourdough Bread	Cereals With Gluten - Rye, Cereals With Gluten - Wheat

Corn On Cob

Ingredient	Allergens
Butter	Milk
Corn On The Cob	

Buttermilk Turkey Burger (F)

Ingredient	Allergens
Burger Bun	Cereals With Gluten - Wheat
Buttermilk Turkey Portion Batch (F)	Milk
Chipotle Ketchup	
Cos Lettuce	
Flour Mix For Buttermilk (F)	Cereals With Gluten, Cereals With Gluten - Wheat, Soybeans, Sulphur Dioxide
Onions Red	
Raddish	
Rocket	
Rosemary Fries (F)	
Salad Dressing - French	Mustard, Sulphur Dioxide

Extra Monterey Jack

Ingredient	Allergens
Monterey Jack Cheese	Milk

Extra Bacon

Ingredient	Allergens
Streaky Bacon Cooked	

Risotto

Risotto With Butternut Squash

Ingredient	Allergens
Almonds Flaked	Nuts
Basil Pesto	Nut - Almond, Nut - Hazelnut, Nut - Walnut
Butternut Squash & Rosemary	
Cracked Pepper Black	
Extra Virgin Olive Oil	
Garlic Oil	
Pumpkin Puree	
Rapeseed Oil	
Risotto Base	
Rocket	
Sage	
Salt	
Vegan Cheese	
Vegetable Stock - Wildwood	

Prawn Courgettes & Peas Risotto

Ingredient	Allergens
Butter	Milk
Cooking Wine White	Sulphur Dioxide
Courgette Paste	
Courgettes Wedges	
Cracked Pepper Black	
Extra Virgin Olive Oil	
Frozen Peas	
Garlic Oil 2022	
Parsley Flat	
Prawns Cooked	Crustaceans
Red Chilli	
Risotto Base	
Rocket	
Salt	
Spring Onion	
Vegetable Stock - Wildwood	

Chicken & Chorizo Risotto Nov23

Ingredient	Allergens
Butter	Milk
Chicken Plain Cooked 2022	
Chopped Parsley	
Chorizo	Milk
Crispy Speck	
Edamame Beans Shelled	Soybeans
Garlic Oil 2022	
Hard Cheese Block	Milk
Harissa Paste	
Lemon Juice	Sulphur Dioxide
Parsley Flat	
Risotto Base 2022	
Salt & Pepper Cooking	
Vegetable Stock - Wildwood	
White Cooking Wine	Sulphur Dioxide

Funghi Risotto

Ingredient	Allergens
Butter	Milk
Hard Cheese Block	Milk
Hard Cheese Shavings	Milk
Mushroom Mix	
Risotto Base	
Rocket	
Salt & Pepper Cooking	
Thyme	
Truffle Oil	
Vegetable Stock - Wildwood	
White Cooking Wine	Sulphur Dioxide

Sides

Side, Green Beans & Brocoli

Ingredient	Allergens
Almonds Flaked	Nuts
Broccoli	
Butter	Milk
Cracked Pepper Black	
French Beans	
Salt	

Mixed Salad

Ingredient	Allergens
Baby Red Plum Tomato	
Black Olives	
Cucumber	
Marinated Pepper Slices	
Mixed Leaves Homemade	
Onions Red	
Raddish	
Salad Dressing - French	Mustard, Sulphur Dioxide

Side, Roasted Root Veg

Ingredient	Allergens
Butternut Squash & Rosemary	
Honey	
Parsley Flat	
Roasted Carrots	
Roasted Parsnips	
Salt & Pepper Cooking	
Thyme	

Side, Savoy Cabbage

Ingredient	Allergens
Apple Pink Lady	
Chopped Parsley	
Cooked Savoy Cabbage	
Cracked Pepper Black	
Cranberries Dried	Sulphur Dioxide
Eager Apple Juice	
Garlic Oil	
Onions Red	
Rapeseed Oil	
Salt	
Thyme	
Vegetable Stock - Wildwood	

Side Toscan Roasted Potato

Ingredient	Allergens
Butter	Milk
Parsley Flat	
Roasted New Potatoes	
Rosemary	
Salt & Pepper Cooking	

Pigs In Blanket (F)

Ingredient	Allergens
Cracked Pepper Black	
Maldon Sea Salt	
Mustard & Honey	Mustard
Pig's In Blanket (F)	
Rapeseed Oil (F)	
Salt	

Side, Green Beans

Ingredient	Allergens
Almonds Flaked	Nuts
Butter	Milk
French Beans	
Salt & Pepper Cooking	

Sweet Potato Fries (F)

Ingredient	Allergens
Rapeseed Oil (F)	
Rosemary Salt (F)	
Sweet Potato Fries (F)	

Rosemary Fries (F)

Ingredient	Allergens
Rapeseed Oil (F)	
Rosemary Fries (F)	Egg, Milk, Mustard

Dauphinoise Potatoes Side

Ingredient	Allergens
Single Cream	Milk
Dauphinoise Potato	Milk
Triple Blend Cheese	Milk

Salad

Cobb Salad Apr

Ingredient	Allergens
Avocado	
Caesar Dressing	Egg, Fish, Milk, Mustard, Soybeans, Sulphur Dioxide
Cheddar Cheese	Milk
Chicken Fillet Steak	
Corn On The Cob	
Cos Lettuce	
Rapeseed Oil	
Salt & Pepper Cooking	
Streaky Bacon Cooked	
Tortilla Chips	

Caesar Salad

Ingredient	Allergens
Brown Anchovies	Fish
Caesar Dressing Sp2020	Egg, Fish, Milk, Mustard, Soybeans, Sulphur Dioxide
Cos Lettuce	
Croutons Focaccia	Cereals With Gluten - Wheat, Soybeans
Eggs	Egg
Hard Cheese Block	Milk
Maldon Sea Salt	

Extra Bacon

Ingredient	Allergens
Streaky Bacon	

Extra Chicken

Ingredient	Allergens
Chicken Plain Cooked	

Extra Goat Cheese

Ingredient	Allergens
Goats Cheese	Milk

Dessert

Chocolate Brownie

Ingredient	Allergens
Chocolate Honeycomb	Milk
Chocolate Sauce	Soybeans
Drinking Chocolate	Milk
Ice Cream - Vanilla	Milk
Ww Brownie	Cereals With Gluten - Wheat, Egg, Milk, Sesame, Soybeans

Cookies & Cream Cheesecake

Ingredient	Allergens
Chocolate Sauce	Soybeans
Cookie & Cream Cheesecake	Cereals With Gluten - Wheat, Soybeans

Pannacotta

Ingredient	Allergens
Icing Sugar	
Mint	
Mix Berry Compote	
Pannacotta Portion	Milk
Raspberries	

Chocolate Fondant

Ingredient	Allergens
Chocolate Fondant	Cereals With Gluten - Wheat, Egg, Milk, Soybeans
Chocolate Sauce	Soybeans
Ice Cream - Vanilla	Milk
Icing Sugar	
Mint	

Sticky Toffee Pudding

Ingredient	Allergens
Ice Cream - Vanilla	Milk
Sticky Toffee Pudding	Cereals With Gluten - Wheat, Egg, Milk, Sulphur Dioxide

Ice Cream Vanilla

Ingredient	Allergens
Ice Cream - Vanilla	Milk

Tiramisu

Ingredient	Allergens
Drinking Chocolate	Milk
Tiramisu	Cereals With Gluten - Wheat, Egg, Milk, Soybeans

Ice Cream Chocolate

Ingredient	Allergens
Ice Cream - Chocolate	Milk, Soybeans

Ice Cream Mint Chocolate

Ingredient	Allergens
Ice Cream - Mint Choc Chip	Milk, Soybeans

Ice Cream Strawberry

Ingredient	Allergens
Ice Cream - Strawberry	Milk

Torta Della Nonna

Ingredient	Allergens
Ice Cream - Vanilla	Milk
Mint	
Torte Della Nonna	Cereals With Gluten - Wheat, Egg, Milk, Nut - Almond

Gf Lemon Sorbet

Ingredient	Allergens
Sorbet - Lemon	

Gf Mango Sorbet

Ingredient	Allergens
Sorbet - Mango	

Gf Raspberry Sorbet

Ingredient	Allergens
Sorbet - Raspberry	

Coupe Noir

Ingredient	Allergens
Chocolate Sauce	
Florentine Wafers	Milk, Egg, Wheat (gluten), Soybeans
Ice Cream - Vanilla	Milk

Kids mains

Kids Bolognese

Ingredient	Allergens
Bolognaise	Celery, Milk, Sulphur Dioxide
Olive Oil Blend	
Cooked Penne	Cereals With Gluten - Wheat
Cooked Spaghetti	Cereals With Gluten - Wheat
Cheese	Milk
Parsley Flat	

Kids Sausage & Chips (F)

Ingredient	Allergens
Chips Portion (F)	
Cumberland Sausage (F)	Cereals With Gluten - Wheat, Sulphur Dioxide
Baby Gem Lettuce	
Cucumbers slices	
Cherry Tomatoes	
Parsley Flat	
Frozen Peas	

Kids Mini Burger (F)

Ingredient	Allergens
Baby Gem Lettuce	
Burger	Sulphur Dioxide
Burger Bun	Cereals With Gluten - Wheat
Chips Portion (F)	
Baby Gem Lettuce	
Cucumbers slices	
Cherry Tomatoes	
Parsley Flat	

Kids Margherita Pizza

Ingredient	Allergens
Mozzarella	Milk
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	

Kids Pepperoni Pizza

Ingredient	Allergens
Mozzarella	Milk
Pepperoni Sliced	Milk
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	

Kids Chicken Pizza

Ingredient	Allergens
Chicken Plain Cooked	
Mozzarella	Milk
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	

Kids Breaded Chicken (F)

Ingredient	Allergens
Buttermilk Chicken (F) with paprika/oregano	Cereals With Gluten, Cereals With Gluten - Wheat, Milk, Mustard, Soybeans, Sulphur Dioxide
Chips Portion (F)	
Baby Gem Lettuce	
Cucumbers slices	
Cherry Tomatoes	
Parsley Flat	
Frozen Peas	

Kids Tomato Pasta

Ingredient	Allergens
Olive Oil Blend	
Tomato Sauce	Celery
Cooked Penne	Cereals With Gluten - Wheat
Cooked Spaghetti	Cereals With Gluten - Wheat
Cheese	Milk
Parsley Flat	

Kids Mushroom Pizza

Ingredient	Allergens
Flat Mushrooms	
Mozzarella	Milk
Pizza Dough	Cereals With Gluten - Wheat
Pizza Sauce Batch	

Kids Breaded Turkey (F)

Ingredient	Allergens
Buttermilk Turkey (F) with paprika/oregano	Cereals With Gluten, Cereals With Gluten - Wheat, Milk, Mustard, Soybeans, Sulphur Dioxide
Chips Portion (F)	
Baby Gem Lettuce	
Cucumbers slices	
Cherry Tomatoes	
Parsley Flat	
Frozen Peas	

KIDS DESSERTS

Kids Ice Cream Vanilla

Ingredient	Allergens
Ice Cream-Vanilla	Milk
Ice-Cream Waffle Cones	Cereals With Gluten - Wheat, Milk, Soybeans

Kids Ice Cream Strawberry

Ingredient	Allergens
Ice Cream - Strawberry	Milk
Ice-Cream Waffle Cones	Cereals With Gluten - Wheat, Milk, Soybeans

Kids Ice Cream Chocolate

Ingredient	Allergens
Ice Cream-Chocolate	Milk, Soybeans
Ice-Cream Waffle Cones	Cereals With Gluten - Wheat, Milk, Soybeans

Kids Brownie

Ingredient	Allergens
Chocolate Sauce	Soybeans
Icing Sugar	
Ww Brownie	Cereals With Gluten - Wheat, Egg, Milk, Sesame, Soybeans

Kids Ice Cream Mint

Ingredient	Allergens
Ice Cream-Mint Choc Chip	Milk, Soybeans
Ice-Cream Waffle Cones	Cereals With Gluten - Wheat, Milk, Soybeans

Kids Real Fruit Lolly

Ingredient	Allergens
Ice Lolly - Apple Raspberry	

Lunch menu and Specials

Vegan Burger

Ingredient	Allergens
Baby Gem Lettuce	
Burger Bun	Cereals With Gluten - Wheat
Olive Oil Blend	
Onions Red	
Salt & Pepper Cooking	
Tomatoes Beef	
Vegan Burger	Soybeans
Vegan Cheese	
Vegan Mayo	Mustard, Soybeans

